

The Colorado Springs Brain Injury Professionals Network

# Brain Injury

## Directory — 2013/2014

*Serving the Pikes Peak Region*



**HEALTHSOUTH**  
Rehabilitation Hospital of Colorado Springs

THE LAW FIRM OF  
**JARAY & WEBSTER, LLC**

Phone: 719-633-6620 Fax: 719-634-0789  
www.jaraywebsterlaw.com

Penrose-St. Francis Rehabilitation  
Centura Health.



Marla Lucero MA LPC



Don't travel this difficult road alone. We can help.

Your life can change in an instant. When it does, you need an experienced personal injury attorney on your side that will fight for your rights and achieve the justice you deserve.

Attorney Ted Bills is highly skilled at presenting personal injury claims, including traumatic brain injury. His combined legal skills and medical background allow him to effectively argue injuries and damages to get the money you deserve to maximize your recovery.

Focus on getting well, let us handle the stress.

*Call us today for a free, confidential consultation. We don't get paid until you do.*



THE LAW OFFICES OF  
**TED BILLS**  
A PERSONAL INJURY LAW FIRM

719-444-1000  
springsattorney.com

1755 Telstar Drive, Suite 300  
Colorado Springs, CO 80920

# Welcome to the Colorado Springs Brain Injury Resource Directory

This directory was created by the Colorado Springs Brain Injury Professionals Network. We are a group of professionals who specialize in treatment and assistance for people who have acquired or traumatic brain injuries. The group is an affiliate of the Brain Injury Alliance of Colorado.

When our group first met, it became very clear to us that we “professionals” didn’t even have a full understanding of all of the resources in our community. It became our goal to gather and organize this information for you. We wanted to create an easy to use directory to help brain injury survivors and their caregivers find the help they need in our local community. The organizations listed in the directory all have a history of providing services to people with brain injuries. It was important to us that the organizations listed are able to understand the special needs of someone living with a brain injury. This is our

second directory. Our goal continues to be to update and expand it every two years.

If you are unable to find what you are looking for in this directory, please feel free to contact the Brain Injury Alliance of Colorado at 4200 West Conejos Place #524, Denver, CO 80204. Phone: (303) 355-9969 or toll free: (800) 955-2443. You can also find them on the web at [www.biacolorado.org](http://www.biacolorado.org). BIAC will be happy to assist you and has an online resource directory for the entire state of Colorado.

The Brain Injury Professionals Network would like to thank our sponsors: HealthSouth Rehabilitation Hospital, The Law Firm of Jaray and Webster, Penrose / St. Francis Health Services, Brain Injury Alliance of Colorado, Rocky Mountain Brain Injury Services and Marla Lucero, MA, LPC. We would also like to recognize the exceptional work of O’Donnell & O’Donnell who published the directory.

## WHEN LIFE MATTERS, EXPERIENCE COUNTS.

### REHABILITATION CONNECTED

Penrose-St. Francis Rehabilitation Services is southern Colorado's leading treatment center for neurological rehabilitation after an injury or brain disorder. We offer a full range of rehabilitation treatment options, from intensive hospital care through outpatient services.

- Physical Therapy
- Occupational Therapy
- Speech, Language, and Cognitive Therapy
- Community Re-entry Assistance
- Acupuncture
- Fitness to Drive Driving Rehabilitation
- Seating and Positioning Clinic
- Vestibular Program
- Vision Therapy

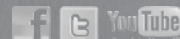
Plus, we are part of Centura Health, Colorado's largest health care network.

**Penrose-St. Francis Rehabilitation**

 Centura Health

2222 N. Nevada Ave.  
Colorado Springs, CO 80907  
719-776-5200

[penrosesstfrancis.org/rehab](http://penrosesstfrancis.org/rehab)



The art on the cover was created by Joe Patane. He is a brain injury survivor that resides in Denver. July 31, 2008, he received a mighty blow to the head when he was hit by another car while driving to work in his fully restored 1964 Chevrolet Impala SS. He came out of the accident with a busted hand, a concussion, and a torn eyelid. It was indeed a very disruptive time in his life and he has been steadily creating art to retrieve those memories and raise money to build his sweet, sweet car again.

This painting is a mind scape and sheds light on his memories and the breath of color that stimulates him when snowboarding here in Colorado. Shred Vortex is a piece about the light and shadows casted when entering different worlds. He still has pain and memory loss that he associates with the trauma he survived. Making art gives him a lot of freedom to express those feelings and challenge his viewers' sense of consciousness.

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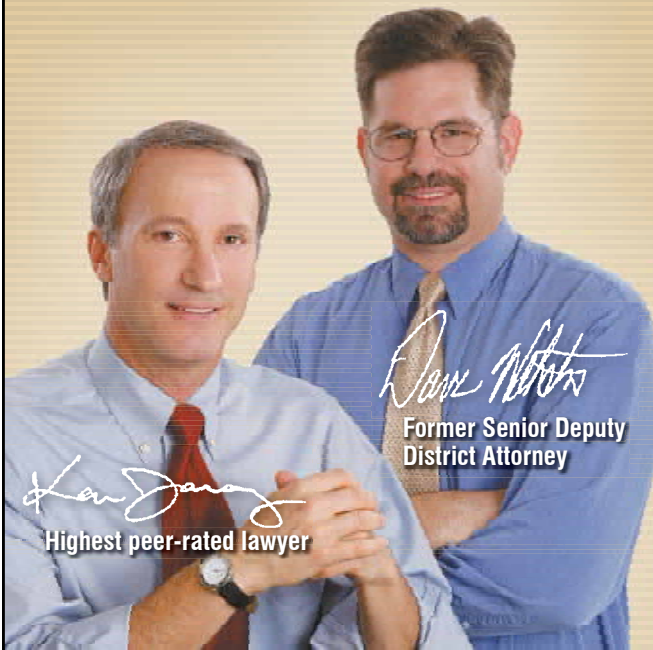
Call (719) 635-8803 for more information

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**THE LAW FIRM OF  
 JARAY & WEBSTER, LLC**

Auto • Personal • Work Injuries



**Experts in Traumatic Brain Injury**

- Serving brain injury survivors and their families since 1979
- Compassionate, understanding and knowledgeable about brain injury

**It's About You**

- Free case audit
- Help getting appropriate medical treatment
- Personalized service – We listen and care

**Millions in Settlements and Jury Awards**

- Experienced trial attorneys and negotiators
- We understand the latest medical technology
- No recovery – No fee

**719.633.6620**

**www.JarayWebsterLaw.com**

Sante Fe Building • 985 Pico Point • Colorado Springs, CO 80905

# ADVOCACY

## Alliance for Kids/Parenting Matters of El Paso County

**719-634-7619**

2340 Robinson Street  
Colorado Springs, CO 80904  
www.parentingmatters-epc.org

Coordinates and organizes community parent education and resources to help raise healthy, happy children.

## Appointment Advocates

**719-592-1154**

P.O. Box 50574  
Colorado Springs, CO 80949-0574  
www.appiontmentadvocates.com

Helps maintain patient autonomy and independence with medication management. Provides advocacy with presence during medical appointments.

## The Arc of the Pikes Peak Region

**719-471-4800**

12 N. Meade Avenue  
Colorado Springs, CO 80909  
www.thearcppr.org

Provides advocacy for children and adults with developmental and intellectual disabilities at no charge.

**Brain Injury Alliance of Colorado**  
www.biacolorado.org

## The Arc of Pueblo

**719-545-5845**

2705 Vinewood Lane  
Pueblo, CO 81005  
www.arcofpueblo.org

Advocacy and guardianship services for people with developmental and intellectual disabilities.

## Brain Injury Alliance of Colorado

**303-355-9969**

4200 W. Conejos Pl., Suite 524  
Denver, CO 80204  
www.BIAColorado.org

Strives to improve quality of life for survivors by connecting them to rehabilitative resources.

## Broken Brain Achievers Club

**719-465-3287**

See website for meeting locations  
Colorado Springs and Denver Metro  
www.meetup.com/BBAC

Provides a collaboration between BI survivors and specialists inspiring each other to pursue and accomplish their dreams.

### INJURY PREVENTION & CONTROL: Traumatic Brain Injury

An estimated **1.7 million** people  
sustain a TBI annually

*Information provided by the Centers for Disease Control*

**sōōz'ən gow'ē**

**Susan Gaway Apgar, M.S., CCC-SLP**  
Neurocognitive Therapy

“Creative Therapy Smarter” ©  
20 years specializing in functional  
and remedial cognitive therapy  
home - work - school

**719-442-0415**  
sapgar@gmail.com

Support  
for  
Success

Referrals to essential  
resources.

Teaching and Coaching adults  
to use tools, strategies, &  
electronics for cognitive support.

At your home, work, or  
school.

**FREE INITIAL CONSULTATION**  
**CAROL ROCHE 719-330-3624**  
Certified Brain Injury Specialist, MA Education  
carol.supportforsuccess@gmail.com

## **Cerebral Palsy Association of Colorado Springs**

**719-638-0808**

1322 N. Academy Boulevard, Suite 115  
Colorado Springs, CO 80909

[www.cpappr.org](http://www.cpappr.org)

Provides financial, emotional and community support to individuals with cerebral palsy and their families.

## **Defense and Veterans Brain Injury Center**

**719-526-8636**

Building 1042 O'Connell Boulevard, Room 114  
Ft. Carson, CO 80913

[www.dvbic.org](http://www.dvbic.org)

Serves service members and veterans with traumatic brain injury through education, care coordination and research.

## **Health Care Program for Children with Special Needs**

**719-578-3200**

1675 W. Garden of Gods Road, Suite 2044  
Colorado Springs, CO 80907

[www.elpasocountyhealth.com](http://www.elpasocountyhealth.com)

Provides medical care coordination for El Paso County children from birth to 21 who have special health care needs, including brain injury.

## **The Independence Center-Independent Living**

**719-471-8181 x141**

729 S. Tejon Street  
Colorado Springs, CO 80903

[www.theindependencecenter.org](http://www.theindependencecenter.org)

Provides information and referral, as well as individual and systems advocacy for people with disabilities.

## **Law Firm of Ted Bills**

**719-444-1000**

1230 Tenderfoot Hill Road, Suite 200  
Colorado Springs, CO 80906

[www.springsattorney.com](http://www.springsattorney.com)

Need patient and legal advocacy? We can help. Call Brain Injury Attorney Ted Bills 719-444-1000.

## **The Legal Center for People with Disabilities and Older People**

**303-722-0300**

455 Sherman Street, Suite 130  
Denver, CO 80203

[www.thelegalcenter.org](http://www.thelegalcenter.org)

Assists with appealing termination from the TBI Waiver, TBI Trust Fund and inadequate services.

## **National Alliance on Mental Illness**

### **Colorado Springs**

**719-473-8477**

510 E. Willamette  
Colorado Springs, CO 80903

[www.namicoloradosprings.org](http://www.namicoloradosprings.org)

Provides advocacy, resource and referral, education and support programs for those with mental illness and their families.

## **Operation TBI Freedom**

**866-245-6600**

17 South Weber Street  
Colorado Springs, CO 80903

[www.operationTBIfreedom.org](http://www.operationTBIfreedom.org)

A program of Rocky Mountain Human Services providing care coordination and holistic services to veterans.

## **The Resource Exchange**

**719-380-1100**

418 S. Weber Street  
Colorado Springs, CO 80903

[www.tre.org](http://www.tre.org)

Provides children, family and adult services and community resource navigation for individuals with developmental disabilities.

**BrainLine**

[www.brainline.org/](http://www.brainline.org/)

Preventing, treating, living with TBI

**Rocky Mountain Human Services-  
Traumatic Brain Injury Support  
866-245-6600**

9900 East Iliff Avenue  
Denver, CO 80231

[www.rmhumanservices.org](http://www.rmhumanservices.org)

Provides care coordination and holistic services to individuals with brain injury throughout Colorado

**Support for Success  
719-330-3624**

P.O. Box 98  
Palmer Lake, CO 80133

[www.supportforsuccess.org](http://www.supportforsuccess.org)

Provides resources essential to recovery and tools & strategies for memory, organization, planning and time management.

## ALCOHOL AND DRUG

**Alcoholics Anonymous (A.A.)  
719-573-5020**

[www.coloradospringsaa.org/](http://www.coloradospringsaa.org/)

[www.aa.org](http://www.aa.org)

A fellowship of men and women who share their experience, strength and hope to help achieve sobriety.

**Cedar Springs Hospital  
719-633-4114 x1130 / 1-800-888-1088**

2135 Southgate Road  
Colorado Springs, CO 80906

[www.cedarspringshospital.com](http://www.cedarspringshospital.com)

Services for substance abuse, chemical dependence, and/or behavioral health problems.

**Colorado Al-Anon/Alateen Inc.**

<http://al-anon-co.org/>

Support groups for friends and families living with the problem-drinking of a relative or friend.

**Colorado Springs Spruce VA  
Mental Health Clinic  
719-327-5660**

25 North Spruce Street  
Colorado Springs, CO 80905

Substance abuse treatment programs available for individuals with Military insurance.

**Genesis Outpatient  
719-632-3510**

2565 Airport Road  
Colorado Springs, CO 80910

[www.genesisoutpatient.com](http://www.genesisoutpatient.com)

Individual and group counseling for drug & alcohol education, intervention, and relapse prevention.

**International Neural Renewal (INR)  
719-541-4912**

41250 Alford Road  
Simla, CO 80835

[www.neuralrenewal.com](http://www.neuralrenewal.com)

Courage to change addiction. Recovery intensive residential – low energy neurofeedback.

**Julia Gregson LCSW  
720-291-5880**

7437 Village Square Drive  
Castle Pines, CO 80108

Julia is familiar with recovery from both brain injury and addiction. She can help!

**Narcotics Anonymous Pikes Peak Region  
719-637-1580**

<http://www.nacolorado.org/>

Fellowship of men and women that help each other stay clean from their addiction.

**INJURY PREVENTION & CONTROL:  
Traumatic Brain Injury**

In every age group, TBI rates are **higher**  
for **males** than females

*Information provided by the Centers for Disease Control*

## **ASSISTIVE TECHNOLOGY**

### **The Accessibility Store**

**719-219-8182**

729 South Tejon Street  
Colorado Springs, CO 80903  
www.store4access.com

Provides assistive technology for people with disabilities and will even travel to you if needed!

### **Access 2 Sign Language**

**719-302-5869**

P.O. Box 15433  
Colorado Springs, CO 80835  
www.mya2sl.com

Provide quality sign language interpreting services to all our clients; hearing and Deaf consumers alike.

### **Assistive Technology Partners–Southeast Technical Assistance Center**

**719-380-6229**

4825 Lorna Place  
Colorado Springs, CO 80915  
<http://www.ucdenver.edu/academics/colleges/medicalschool/Programs/atp/Pages/AssistiveTechnologyAssistiv.aspx>

Empower individuals with disabilities to achieve their highest potential through the use of assistive technology.

### **ATG Rehab**

**719-573-8313**

4474 Barnes Road  
Colorado Springs, CO 80917  
www.atgrehab.com

RESNA certified ATPs specializing in seating and positioning for custom manual and power mobility systems.

**Center for Disease Control (CDC)**  
[www.cdc.gov/TraumaticBrainInjury](http://www.cdc.gov/TraumaticBrainInjury)

### **The Independence Center–Independent Living**

**719-471-8181**

729 South Tejon Street  
Colorado Springs, CO 80903  
www.theindependencecenter.org

Assistive technology specialist available to provide information and referrals to people with disabilities.

### **Lifeline of Colorado Springs**

**719-522-9779**

300 Garden of the Gods, Suite 109  
Colorado Springs, CO 80907  
www.lifelinesys.com

Secure personal medical alert system that provides emergency response service.

### **Meeting the Challenge/The Rocky Mountain ADA Center**

**800-949-4232**

3630 Sinton Road, Suite 103  
Colorado Springs, CO 80907  
www.adainformation.org

We provide training, information, guidance, and materials on the Americans with Disabilities Act.

### **Memorial Hospital–University of Colorado Health**

**719-365-5642**

175 South Union Boulevard, suite 250  
Colorado Springs, CO 80910  
www.memorialhealthsystem.com

Memorial Hospital offers wheelchair and seating evaluations. Call 719-365-5642 for more information.

### **Pikes Peak Community College (PPCC) Computer Access Center (CAC)**

**719-502-3333**

Centennial Campus  
5675 South Academy Boulevard, A-115  
Colorado Springs, CO 80906  
www.ppcc.edu/OASIS

Offers courses & training in computer assistive technology and use of assistive technology with application software.



**Pikes Peak Library District  
21st Century Library  
719-531-6333**

1175 Chapel Hills Drive  
Colorado Springs, CO 80920  
www.ppld.org

PPLD's newest library features a creative computer commons for creating content of all kinds and mastering technology for your professional and personal development.

**Sign Language Network  
719-599-4517**

P.O. Box 25102  
Colorado Springs, CO 80936  
www.signlanguagenetwork.com

Providing qualified professional sign language interpreters.

**SWAAAC (Statewide Assistive Technology & Augmentative Alternative Communication Teams)**

**800-255-3477**

601 East 18th Avenue, Suite 130  
Denver, CO 80203

www.swaaac.com

Colorado Department of Education's school-based assistive technology (AT) teams providing AT services in school districts throughout the state.

**United Seating & Mobility  
719-520-5577**

4260 Buckingham Drive, Suite 120  
Colorado Springs, CO 80907

www.unitedseating.com

Providing power wheelchairs, manual wheelchairs, seating & positioning products, and other complex rehab equipment for Southern Colorado.

**Center on Brain Injury Research and Training | <http://cbirt.org>**

## RESTORING HOPE for Brain Injury

When it comes to brain injury rehabilitation, there is hope. HealthSouth Rehabilitation Hospital of Colorado Springs offers comprehensive brain injury programs tailored to each patient's needs and desired outcome. Our inpatient acute rehabilitation program offers the latest technologies and experienced rehabilitation experts focusing on one goal—getting our patients back home. Plus, our full continuum of outpatient rehabilitation and home health services keeps patients moving toward healthy independent lives.

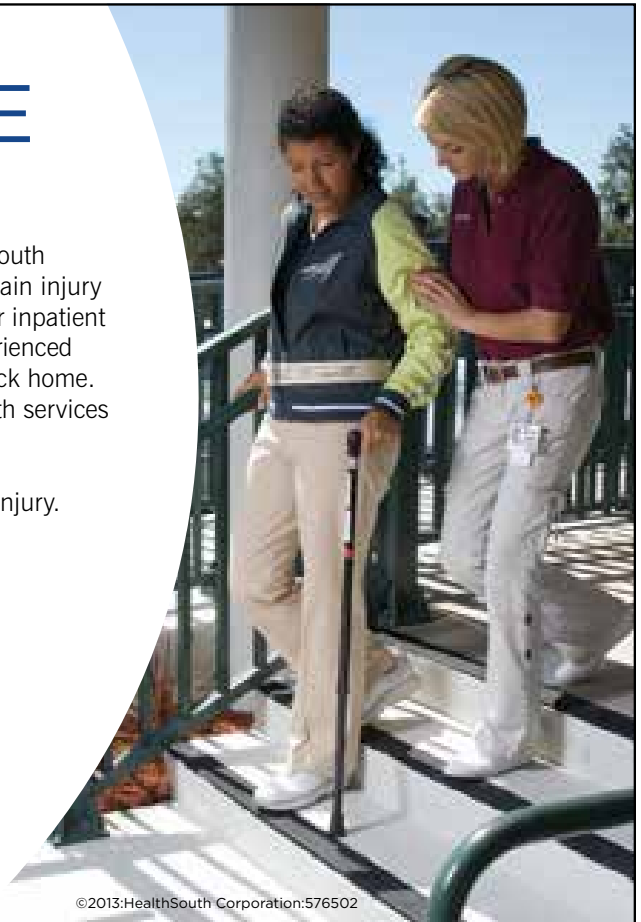
Let HealthSouth take you on your journey to recovery after a brain injury. For more information or to arrange a tour, call our admissions office at 719 630-2308.

*A Higher Level of Care*

**HEALTHSOUTH**  
Rehabilitation Hospital of Colorado Springs

325 Parkside Drive • Colorado Springs, CO 80910  
719 630-8000

[healthsouthcoloradosprings.com](http://healthsouthcoloradosprings.com)



# BRAIN INJURY SUPPORT GROUPS

## **BIAC Colorado Springs Brain Injury Support Group**

**719-596-3710 / 719-574-0089**

Third Thursday of month, 6 -7:30 P.M., August –May

Sally Layton and Dennis Friesth

Penrose Hospital, Rooms CC-A, CC-B, CC-C

2222 North Nevada Avenue

Colorado Springs, CO 80907

Education, support, and socializing for all adult

Brain Injury survivors, family members, and friends.

## **Broken Brain Achievers Club–BBAC**

Fourth Thursday of month, 12:00 -1:30 p.m.

Check the following website for location (it changes) and info on more fun activities:

[www.meetup.com/BBAC-broken-brain-achievers-club/](http://www.meetup.com/BBAC-broken-brain-achievers-club/)

## **Head-Way Neuro Support Group of Colorado Springs**

**719-459-0901**

Wednesdays 11:00 a.m. – 1:00 p.m.

Deborah Carnes

Fargo's Pizza

2910 East Platte Avenue

Colorado Springs, CO 80909

We offer support, friendship, and stimulating activities for people with brain injuries and/ or strokes.

## **Independence Center Brain Injury Support Group**

**719-471-8181**

2nd and 4th Wednesdays, 1:30 – 3:00 p.m.

Kevin Corrigan

The Independence Center

729 South Tejon Street

Colorado Springs, CO 80903

Adult brain injury group to share and talk about the challenges of living with brain injury.

## **Fremont County Brain Injury Support Group**

**719-269-8266**

2nd Tuesday of month, 7:00-9:00 p.m.

Carolyn Simonson

Wellness Therapy Center

119 South Pikes Peak

Florence, CO 81226

[www.fremontcountybraininjurysupportgroup.viviti.com](http://www.fremontcountybraininjurysupportgroup.viviti.com)

Education and support for both the injured and their loved ones.

## **Frontier Hospice/Grief Support Group**

**719-544-5891 / 719-544-5891**

Liz Miera, MSW and Karla Cordova, MSW

4718 N. Elizabeth, Suite A

Pueblo, CO 81008

## **Military Support Groups:**

### **Peer Support Group for Combat Veterans**

**719-332-9650**

Meets every Friday from 10 a.m. – Noon

Operation Phoenix Recovery

17 S. Weber Street

Colorado Springs, CO 80903

Peer support for combat veterans struggling with TBI and PTSD.

[www.operationphoenixrecovery.org](http://www.operationphoenixrecovery.org)

### **Peer Support Group for Veterans and Active Duty Military Personnel**

Meets every Friday 1:00-3:00 p.m. (The Phoenix Support Group)

Operation TBI Freedom Office

2 North Cascade Avenue, Suite 110

Colorado Springs, CO 80903

For combat veterans with TBI and/or PTSD -

Must have a service-related injury that occurred on or after 9/11/2001.

[www.OperationTBIFreedom.org](http://www.OperationTBIFreedom.org)

**Brainline for Military**  
[www.brainlinemilitary.org/](http://www.brainlinemilitary.org/)

**Support Group for Military Spouses, Family Members, and Caregivers**

Meets the 1st & 3rd Thursdays every month  
6-7:30 p.m. (The TBI Strong Support Group)  
Operation TBI Freedom Office  
2 North Cascade Avenue, Suite 1100  
Colorado Springs, CO 80903  
For spouses, family members, & caregivers of  
soldiers & veterans with TBI.  
[www.OperationTBIFreedom.org](http://www.OperationTBIFreedom.org)

**Multiple Sclerosis Alliance of Southern Colorado Support Groups**  
**719-633-4603**

1322 N. Academy Boulevard, Suite 119  
Colorado Springs, CO 80909  
Every Tuesday 11 a.m. -Noon – a Social support  
group meets at this office.  
2ND Tuesday of month 7-8:30 p.m. –an Educational  
support group meets at this office.

Caregivers support group meets 1ST Thurs of month  
7-8:00 p.m. at Rizuto's Ice Cream Shop at  
Please RSVP to 633-4603 for this group  
4785 Barnes Road  
Colorado Springs, CO 80917

Tri Lakes, Gleneagle, Monument support group  
meets 2ND Wednesday of month 9-11:00 a.m. at the  
Village Inn in Monument

Woodland Park educational support group meets  
2ND Thursday 10:30 a.m. -Noon at the Woodland  
Park Library

**Parkview Stroke Survivor Group**  
**719-584-4677**

3RD Wednesday from 11:00 a.m.-Noon  
Melissa Roehr  
YMCA Community Room  
3200 Spaulding Avenue  
Pueblo, CO 81008  
For stroke survivors and caregivers.

**National Stroke Association**  
[www.stroke.org](http://www.stroke.org)

**Pueblo Brain Injury Support Group**  
**719-520-1102 / 719-250-4870**

2nd Wednesday of month, Dinner 5:00 p.m.,  
Meeting 6:00-7:30 p.m.  
Dr. James Evans and Maria Martinez  
Parkview Hospital, 4th Floor, Sierra Room  
400 West 17th Street  
Pueblo, CO 81003  
For adult survivors and others.

**Pueblo West Brain Injury Support Group**  
**719-250-4870 / 719-584-7319**

3rd Tuesday of the month at 1:00 p.m.  
Maria Martinez and Terri Tibbs  
Pueblo West Library  
298 S. Joe Martinez Blvd.  
Pueblo, CO 81007

**Sangre de Cristo Hospice/Grief Support Group**  
**719-542-0032**

Jean Haner- Dressen  
1207 Pueblo Blvd. Way  
Pueblo, CO 81005

**Online Brain Injury Support Groups:**

**Brain Injury Alliance of Colorado (BIAC)**  
Online Support Group for Survivors and  
Caregivers

Deacon Patrick Jones

<https://groups.google.com/group/Colorado-Brain-Injury-Support>

For brain injury survivors and caregivers to share  
the journey and give mutual support.

**INJURY PREVENTION & CONTROL:**  
**Traumatic Brain Injury**

About **75%** of TBIs that occur each year  
are concussions or other forms of mild TBI

*Information provided by the Centers for Disease Control*

**BIAC Online Support Group for Caregivers & Loved Ones of a BI Survivor**

<https://groups.google.com/d/forum/biac-caregivers?hl=en>

This is a safe place for caregivers to connect with others, while being able to say whatever is on their mind without fear of offending someone with a brain injury. Our one rule: Strive to uphold right relationship!

**AbleLink Technologies**

**719- 592-0347**

618 North Nevada Avenue  
Colorado Springs, CO 80903  
[www.ablelinktech.com](http://www.ablelinktech.com)

AbleLink develops software solutions for individuals with cognitive disabilities that promote self-determination and independence.

**COGNITIVE / BEHAVIORAL**

**A Cognitive Connection**

**719- 640-5406**

6195 Prairie Hills NW #104  
Colorado Springs, CO 80923  
[www.acognitiveconnection.com](http://www.acognitiveconnection.com)

A source for cognitive rehabilitation and behavioral intervention in the convenience of your home.

**Advanced Speech Therapy**

**719- 460-8386**

Colorado Springs, CO  
Speech therapy services addressing cognition, language, problem solving, voice and swallowing disorders.

**Colorado Kids with Brain Injury**  
[cokidswithbraininjury.com](http://cokidswithbraininjury.com)



**Rocky Mountain  
Brain Injury Services**



Offering a full continuum of care with three residential homes, a 28-bed treatment facility for individuals with higher level needs and the Neuropathways Center, a day treatment program offering independent living skills training, community reintegration, vocational training and professional behavioral health services.

All of our services are designed to assist those with Acquired Brain Injuries return to more functional independence in their community and to rebuild their lives with purpose and meaning.

Contact us for more information:  
2812 E. Bijou Street Colorado Springs, Colorado 80909  
719.457.0660 [www.rmhcare.org](http://www.rmhcare.org)

*Building Health, Nurturing Independence, Enriching Lives*

**INJURY  
PREVENTION  
& CONTROL:  
Traumatic  
Brain Injury**

Children aged  
**0-4 years**,  
older adolescents  
aged **15 to 19  
years**, and adults  
aged **65 years  
and older**  
are most likely to  
sustain a TBI

*Information provided by the  
Centers for Disease Control*

**Apgar Center****719-634-5242 / 719-442-0415**

Susan Gawey-Apgar, M.S.CCC

208 N. Corona St.

Colorado Springs, CO 80903

Creative therapy smarter. Twenty years specializing in cognitive, memory and attention disorders.

Remediation and functional retraining.

**Begin Again Ranch****909-489-9654**

3316 Christy Ridge Road

Sedalia, CO 80135

[www.BeginAgainRanch.com](http://www.BeginAgainRanch.com)

Helping brain injury survivors rebuild confidence and tackle new challenges on their road to recovery.

**Center on Brain Injury Research and Training**  
<http://cbirt.org>

Individual • Family  
 Critical Incident Debriefing

 **Marla Lucero MA LPC**

1115 N Grand Ave. Suite 201  
 Pueblo, CO 81003

Phone: 719-569-9369

**Brain and Body Works, LLC****719-243-0499**

17675 Charter Pines Drive

Monument, CO 80132

Brain Integration for stress to learning memory issues, PTSD, neuro-reorganization, neuro-self regulation therapy.

**Carmel Brain Centers****719-375-1788**

4740 Flintridge Drive; Suite 220

Colorado Springs, CO 80918

Treatment for all neuro-motor and cognitive issues.

**Cedar Springs Hospital****719-633-4114 or 1-800-888-1088 ext. 1340**

2135 Southgate Road

Colorado Springs, Co 80906

[www.cedarspringshospital.com](http://www.cedarspringshospital.com)

Serves the behavioral health needs of Colorado Springs. Call 1-800-888-1088.

*In as little as 12 weeks,  
 LearningRx can improve:*

- Short-Term Memory
- Working Memory
- Processing Speed
- Focus
- Attention



*"A brain injury was affecting my memory and processing speed, as well as my ability to function in a normal social environment. After an intensive 12-week program at LearningRx, I'm now able to carry on a normal conversation without losing my train of thought, recall the names of objects without having to stop and think, and perform tasks without getting sidetracked. I can once again live a normal and productive life." – K, Age 49, Denver, CO*

**LearningRx Colorado Springs**  
**(719) 550-8263**  
[www.learningrx.com/cos](http://www.learningrx.com/cos)

**LearningRx**

Personalized one-on-one brain training.  
 Guaranteed Results.

**Colorado Neuropsychological Associates of Colorado Springs**  
**719-590-9920**

3545 American Drive  
Colorado Springs, CO 80918  
Neuropsychological Consultation.

**CU Aging Center**  
**719-471-4884**

1436 N. Hancock  
Colorado Springs, CO 80903  
[www.uccs.edu/agingcenter](http://www.uccs.edu/agingcenter)  
Provides comprehensive psychological and neuropsychological assessment and treatment services to individuals 55+ as well as their families.

**Developmental Behavioral Center**  
**719-574-6562**

1115 Elkton Drive, Suite 403  
Colorado Springs, CO 80907  
[www.ccnbc.org](http://www.ccnbc.org)  
Diagnostics, mental health and ABA services provided.

**Doris Sanders**  
**720-840-3556**

9530 East 5th Avenue  
Denver, CO 80230  
[braininjurylifecoach@gmail.com](mailto:braininjurylifecoach@gmail.com)  
Brain Injury Life Coaching.

**INJURY PREVENTION & CONTROL:  
Traumatic Brain Injury**

Direct medical costs and indirect costs such as lost productivity of TBI totaled an estimated **\$76.5 billion** in the United States in 2000

*Information provided by the Centers for Disease Control*

**Learning Rx**  
**719-550-8263 or 719-264-8808**

7073 Campus Drive-Colorado Springs, CO 80920  
5085 List Drive -Colorado Springs, CO 80919  
[www.learningrx.com/cos](http://www.learningrx.com/cos)  
Cognitive training exercises enhance recovery of lost brain function by directly stimulating, strengthening the connection systems in the brain.

**Linda Knapp Inc.**  
**719-200-6006**

207 W. Rockrimmon Boulevard H  
Colorado Springs, CO 80919  
[www.LindaKnapp.com](http://www.LindaKnapp.com)  
Speech and language/cognitive therapy in an outpatient setting. Accepting most insurances.

**Memorial Hospital-University of Colorado Health**  
**719-365-5642**

175 S. Union Boulevard, Suite 250  
Colorado Springs, CO 80910  
[www.memorialhealthsystem.com](http://www.memorialhealthsystem.com)  
Memorial Hospital offers neuropsychology services. Call 719-365-5642 for more information.

**Steve Stockdale, Ph.D.-Neuro Health Center**  
**(719) 471-3460**

2132 N. Nevada Ave  
Colorado Springs, CO 80907  
[www.neurohealthcenterstevestockdale.com](http://www.neurohealthcenterstevestockdale.com)

**Support for Success**  
**(719) 330-3624**

PO Box 98  
Palmer Lake, CO 80133  
[carol.supportforsuccess@gmail.com](mailto:carol.supportforsuccess@gmail.com)  
Tools, strategies and electronic supports for memory, organization, planning, time management at work, home and school

**Craig Hospital Brain Injury Education Information**  
[www.craighospital.org/TBI/HealthAndWellness.asp](http://www.craighospital.org/TBI/HealthAndWellness.asp)

# COMMUNITY RECREATION / LEISURE

## Adaptive Sports Association

**970-259-0374**

P.O. Box 1884

Durango, CO 81301

[www.asadurango.com](http://www.asadurango.com)

Offering seasonal recreation for people with disabilities. Winter ski program; summer water sports and camping.

## Angletech–Cycle Different

**719-687-7475**

1483 Garden of the Gods Road

Colorado Springs, CO

[www.cycledifferent.com](http://www.cycledifferent.com)

Adaptive cycling of all types; hands-on interactive experiences in a safe environment.

## Breckenridge Outdoor Education Center/ Keystone Adaptive Center

**970-453-6422**

P.O. Box 697

Breckenridge, CO 80424

[www.boec.org](http://www.boec.org)

Adaptive outdoor adventures for all abilities: skiing, rafting, ropes course, rock climbing, etc.

## City of Boulder Parks and Recreation– EXPAND

**303-413-7216**

5660 Sioux Drive

Boulder, CO 80303

[www.bouldercolorado.gov](http://www.bouldercolorado.gov)

EXPAND helps people with disabilities improve and gain recreation and leisure skills to enhance quality of life.

## City of Broomfield–Broomfield Recreation Services

**303-460-6924**

13201 Lowell Boulevard

Broomfield, CO 80020

[www.broomfield.org/recreation/therapeutic](http://www.broomfield.org/recreation/therapeutic)

Recreation opportunities for people of all ability levels and ages; specialized classes and mainstreaming/inclusion opportunities available.

## City of Colorado Springs Therapeutic Recreation Program

**719-358-6958**

1315 East Pikes Peak Avenue

Colorado Springs, CO 80909

[www.springsgov.com/tr](http://www.springsgov.com/tr)

Provides recreation and leisure opportunities for youth and adults with disabilities; including specialized programs and inclusion services.

## City of Fort Collins–Adaptive Recreation Opportunities

**970-224-6027**

P.O. Box 580

215 North Mason Street

Fort Collins, CO 80522

[www.fcgov.com/aro](http://www.fcgov.com/aro)

ARO offers a variety of specialized recreation and fitness programs for people of all ages and abilities.

## City of Wheat Ridge

**303-231-1300**

4005 Kipling Street

Wheat Ridge, CO 80033

[www.ci.wheatridge.co.us](http://www.ci.wheatridge.co.us)

Recreation and leisure opportunities for individuals with disabilities of all ages and abilities.

## Community Sailing of Colorado

**303-757-7718**

P.O. Box 102613

Denver, CO 80250

[www.communitysailing.org](http://www.communitysailing.org)

Adaptive sailing classes for people of all abilities offered at the Cherry Creek Reservoir.

## **Denver Parks & Recreation– Special Needs Program**

**720-865-0820**

1849 Emerson Street

Denver, CO 80218

[www.denvergov.org/recreation](http://www.denvergov.org/recreation)

Community based therapeutic recreation programs for citizens with disabilities to develop skill to enhance well-being.

## **Embracing Spirit Yoga**

**719-661-8802**

P.O. Box 63447

Colorado Springs, CO 80962

[www.embracingspiritryoga.com](http://www.embracingspiritryoga.com)

Yoga for ALL abilities! We offer chair yoga or traditional yoga to a variety of clients.

## **Medically Supervised Wellness Center**

**719-776-4780**

1644 Medical Center Point

Colorado Springs, CO 80917

[www.penrosetfrancis.org/medically-supported-gym](http://www.penrosetfrancis.org/medically-supported-gym)

Medically supervised exercise program designed to promote strength, endurance and improve quality of life. Warm water pool available.

## **National Sports Center for the Disabled**

**303-293-5711, 303-316-1540**

Sports Authority Field at Mile High

1801 Mile High Stadium Circle #1500

Denver, CO 80204

[www.nscd.org](http://www.nscd.org)

NSCD provides summer and winter therapeutic/ adaptive recreational programs for groups / individuals.

## **Operation Phoenix Recovery**

**719-332-9650**

17 South Weber Street

Colorado Springs, CO 80903

[www.OperationPhoenixRecovery.org](http://www.OperationPhoenixRecovery.org)

Peer support for combat veterans struggling with TBI / PTSD

## **Pikes Peak Therapeutic Riding Center**

**719-495-3908**

13620 Hallelujah Trail

Elbert, CO 80106

[www.pptrc.org](http://www.pptrc.org)

Enhance the quality of life for people with disabilities through equine-assisted activities and therapies.

## **Rock Star Drum Therapy**

**719-433-9064**

P.O. Box 64061

Colorado Springs, CO 80962

Josh Birkhimer conducts private and group drum therapy sessions using the Health RHYTHMS recreational music-making protocol.

## **South Suburban Parks & Recreation**

### **STAR Program**

**303-730-4608**

2004 West Powers Avenue

Littleton, CO 80120

[www.sspr.org](http://www.sspr.org)

Opportunities for individuals with disabilities to participate in leisure services through inclusion and specially designed programs.

## **'STARS'-Steamboat Adaptive**

### **Recreational Sports**

**970-870-1950**

P.O. Box 770208

Steamboat Springs, CO 80477

[www.steamboatstars.com](http://www.steamboatstars.com)

STARS provides year round recreational programs, camps, and lessons for people with disabilities.

## **Telluride Adaptive Sports Programs**

**970-728-5010**

P.O. Box 2254

Telluride, CO 81435

[www.tellurideadaptivesports.org](http://www.tellurideadaptivesports.org)

TASP offers year-round therapeutic recreational opportunities for adaptive athletes of all ages and abilities.



## Town of Parker

**303-805-3208**

20120 East Main Street

Parker, CO 80138

[www.parkerrec.com](http://www.parkerrec.com)

Adapted programming designed to enhance the quality of life for individuals with disabilities.

## Winter Park Resort

33 Parsenn Road

Winter Park, CO 80482

[www.nscd.org](http://www.nscd.org)

NSCD provides summer and winter therapeutic/adaptive recreational programs for groups/individuals.

# DAY PROGRAMS

## Castlewood–Aurora Assisted Living

**720-484-1760**

7822 Windwood Way

Parker, CO 80134

[www.castlewoodhdc.com/](http://www.castlewoodhdc.com/)

Quality Day Program offering skills training, community outings, relationship building, memory and cognitive work.

## North Recreation and Leisure Center

**719-266-1202**

2360 A Montebello Square Drive

Colorado Springs, CO 80918

[www.discovermygoodwill.org](http://www.discovermygoodwill.org)

Adult Daycare for individuals with developmental disabilities, offering activities to enhance quality of life.

## Our House Inc.

**719-477-0109**

1609 S. Wahsatch Avenue, Colorado Springs, CO

80905

2025 Parliament Drive, Colorado Springs, CO 80920

[www.ourhouseinc.org](http://www.ourhouseinc.org)

For adults with disabilities, helping individuals enjoy personal interests and grow to their full potential.

## Possibilities

**719-635-4483, 719-785-9278**

1460 Garden of the Gods Road

Colorado Springs, CO 80907

[www.discovermygoodwill.org/possibilities](http://www.discovermygoodwill.org/possibilities)

Possibilities utilizes a unique learning model that engages participants through series of interactions and experiences.

## Rocky Mountain Brain Injury Services– Neuropathways Center

**719-457-0660**

2812 East Bijou

Colorado Springs, CO 80909

[www.rmhcare.org](http://www.rmhcare.org)

The Neuropathways Center offers support to brain-injured individuals who live in the community and need day-time assistance. Provides independent living skills training, community integration and professional behavioral health services – Medicaid, Private Pay, WC and some Commercial Insurances.

## Special Kids Special Families Adult Services

**719-634-4675**

3450 North Nevada Avenue

Colorado Springs, CO 80907

[www.sksfcolorado.org](http://www.sksfcolorado.org)

Community center based activities for adults with disabilities, assisting in learning life skills, prevocational skills and hobbies.



**Kimberly Faye** is a nationally acclaimed Speaker, Talk Radio Host and Author of *Memoir of a Broken Brain*.

Her services include:  
Speaking — Educating, Inspiring, and Informing Audiences  
FYS Consultative Services — Helping individuals & corporations connect Uniqueness with Purpose



**Find Your Shine: Where Uniqueness Meets Purpose**

[kimberly@findyourshineradio.com](mailto:kimberly@findyourshineradio.com)

**(831) 406-0007**

[www.findyourshineradio.com](http://www.findyourshineradio.com)

### **Sterling Care Adult Day Services**

**719-637-1568**

2233 Academy Place, Suite 101

Colorado Springs, CO 80909

Daycare that cares about our members' needs and those of their families. Where caring counts!

### **West Recreation and Leisure Center**

**719-634-6806**

528 West Colorado Avenue

Colorado Springs, CO 80905

[www.discovermygoodwill.org](http://www.discovermygoodwill.org)

Day Program for adults with developmental disabilities to socialize and participate in activities. Houses Snoezelen Room, multisensory room.

## **EDUCATION: ADULT**

### **Adult and Family Education Center**

**719-328-3001**

1702 North Murray

Colorado Springs, CO 80915

[www.d11.org/adulted](http://www.d11.org/adulted)

ESL classes/adult basic education, adult secondary education and family literacy.

### **American Stroke Association**

**719-635-7688**

1586 South 21st Street, Suite 10

Colorado Springs, CO 80904

[www.strokeassociation.org](http://www.strokeassociation.org)

Stroke is largely preventable, treatable and beatable.

### **Brain and Body Works, LLC**

**719-243-0499**

17675 Charter Pines Drive

Monument, CO 80132

[www.brainandbodyworks.com](http://www.brainandbodyworks.com)

Brain Integration, and Neuro-sensory-motor re-education.

### **College Living Experience**

**303-825-2533**

1391 Speer Boulevard, Suite 400

Denver, CO 80204

[www.experiencecle.com](http://www.experiencecle.com)

CLE is a post secondary program for students with disabilities as they transition to adulthood.

### **Colorado Springs Senior Center**

**719-387-6000**

1514 North Hancock Avenue

Colorado Springs, CO 80903

[www.csseniorcenter.com](http://www.csseniorcenter.com)

Offers classes in the arts, computers, fitness, health, dance and personal business to all adults.

### **Colorado Talking Book Library**

**800-685-2136**

180 Sheridan Boulevard

Denver, CO 80226

[www.myctbl.org](http://www.myctbl.org)

Free service to all Coloradans unable to read standard print due to visual, physical or learning disabilities.

### **Eastern New Mexico University at Roswell**

**575-624-7286**

P.O. Box 6000

Roswell, NM 88202

[www.roswell.enmu.edu](http://www.roswell.enmu.edu)

Specialized occupational training for students with disabilities including independent living skills training (CO in-state tuition).

### **Job Corps**

**719-596-6850**

320 North Academy Boulevard

Colorado Springs, CO 80909

[www.jobcorps.gov](http://www.jobcorps.gov)

Youth ages 16-24 earn high school diploma in addition to gaining free vocational training.

## Meeting the Challenge/Rocky Mountain ADA Center 800-949-4232

3630 Sinton Road Suite 103  
Colorado Springs, CO 80907  
www.adainfomation.org

Providing information, guidance and education on  
the Americans with Disabilities Act.

## Parenting Matters of El Paso County / Alliance for Kids 719-684-7619

2340 Robinson Street  
Colorado Springs, CO 80904  
www.parentingmatters-exc.org

Coordinating and organizing community parent  
education and resources to help families raise  
healthy, happy children.

## Pikes Peak Library District 719-531-6333

5550 North Union Boulevard  
Colorado Springs, CO 80918  
http://library.ppld.org/classes

Classes include - computers, photography, tai chi,  
business employment, ESL, reading help, Learn  
English, Reading English.

## PPCC Office of Accommodative Services and Instructional Support (OASIS)

719-502-3333

Pikes Peak Community College Centennial Campus  
Provides reasonable and appropriate services for  
students with documented disabilities.

## Support for Success, LLC 719-330-3624

PO Box 98  
Palmer Lake, CO 80133  
Carol.supportforsuccess@gmail.com  
Teaching / coaching adults to use tools, strategies,  
and electronics (computer, tablet, phone) as  
cognitive supports.



# Craig Hospital

Redefining Possible for People with Spinal Cord and Brain Injuries

*Exclusively specializing in spinal cord and traumatic brain injury  
rehabilitation for 56 years. More than 29,000 patients served.*

- In the last 4 years patients came from all 50 states - 500 inpatients, 1,400 outpatients.
- 2011 El Pomar Award for best non-profit organization in Colorado.
- *U.S. News and World Report* Top Ten Rehabilitation Hospitals every year since 1990.
- Magnet® Recognition Status by the American Nurses Credentialing Center since 2005 for outstanding nursing quality.
- National Institute on Disability and Rehabilitation Research (NIDRR) Model Systems Center for Traumatic Brain Injury since 1998 and the National Traumatic Brain Injury Database since 2006.



Referral and Admissions • 303-789-8000 • craighospital.org



## UCCS Disability Services

719-262-3354

1420 Austin Bluffs Parkway, Main Hall # 105  
Colorado Springs, CO 80933  
www.uccs.edu

Provides students with disabilities reasonable accommodations and support services to participate fully in the academic environment.

## EDUCATION: BIRTH TO AGE 21

Free and appropriate education is available to all children kindergarten through twelfth grade in public education, including students with mild to severe brain injury. If your child has sustained a brain injury, contact the school district in which your child is enrolled to inform them of your child's history and to work with the school to determine eligibility for specialized programming such as health care plan,

Section 504 Plan, or Special Education Individual Education Plan (covering children birth to age 21).

## Academy School District Twenty

### Brain Injury Team

719-234-1200

1110 Chapel Hills Drive  
Colorado Springs, CO 80920  
www.asd20.org

Provides educational program planning; has Brain Injury Specialist: Dr. Jonelle Neighbor, CBIS, 719-234-8391.

## Child Care Connections (Resource and Referral Agency)

719-638-2057

125 North Parkside Drive #202  
Colorado Springs, CO 80909  
www.childcareconnections.net

Need child care? Call us for information on licensed care with various schedules and days.



**Brain Injury Alliance**  
C O L O R A D O

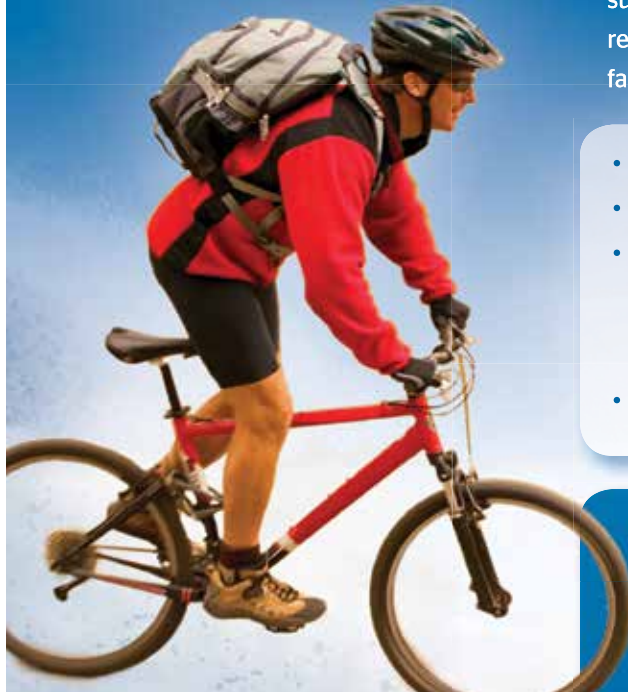
## You are not alone.

BIAC raises awareness in the community by working with brain injury survivors, their families, and professionals. We provide information, resources, and support to individuals with brain injuries and their families through all phases of their journey towards recovery through:

- Information Resource Referrals
- Online Resource Directory
- Colorado Brain Injury Program
  - ♦ Adult Traumatic Brain Injury Connections
  - ♦ Youth Brain Injury Connections
- Support Groups
- Educational Workshops
- Challenge By Choice: Adventure & Recreation Programs
- Survivor Focused Regional Conferences
- Emergency Energy Bill Assistance Funds

# BIAColorado.org

OFFICE 303.355.9969 TOLL FREE 800.955.2443



**Colorado Youth Brain Injury Connections****1-888-331-3311**

Referral Process through Brain Injury Alliance of Colorado

<http://biacolorado.org/support/youth-brain-injury-connections/>

Max Winkler, Resource Director and Intake Coordinator

[max@biacolorado.org](mailto:max@biacolorado.org)

Provides family care coordination through Health Care Program for Children with Special Needs (HCP) and school personnel with training and support through Colorado Department of Education.

**Falcon School District 49 Brain Injury****Team Lead, Dr. Kim Boyd****719-495-1149**

10850 E. Woodmen Road  
Falcon, CO 80831

[www.d49.org](http://www.d49.org)

Provides educational program planning for students with brain injury. Contact Dr. Kim Boyd at [kboyd@d49.org](mailto:kboyd@d49.org).

**PEAK Parent Center****719-531-9400**

611 N. Weber Street, Suite 200  
Colorado Springs, CO 80903

[www.peakparent.org](http://www.peakparent.org)

PEAK Parent Center helps parents navigate special education and disability issues and resources in Colorado.

**EMPLOYMENT****Colorado Division of Vocational Rehabilitation Services****719-635-3585**

1365 Garden of the Gods Road, Suite 250  
Colorado Springs, CO 80907

[www.dvrcolorado.com](http://www.dvrcolorado.com)

Employment services for eligible individuals with disabilities to help them reach their employment goals.

**Community Outreach****719-578-1227**

805 S. Tejon Street  
Colorado Springs, CO 80903

We provide customized employment supports to help people with disabilities get and keep jobs.

**Discover Goodwill, Employee Development Services****719-785-9278**

1460 Garden of the Gods Road  
Colorado Springs, CO 80907

[www.discovermygoodwill.org](http://www.discovermygoodwill.org)

Assists adults with skill development to develop positive work habits needed to secure successful employment.

**Discover Goodwill, Supported Employment****719-635-4483**

1460 Garden of the Gods Road  
Colorado Springs, CO 80907

[www.discovermygoodwill.org](http://www.discovermygoodwill.org)

Supported employment assists individuals with developmental disabilities or other special needs maintain community employment.

**Employment First****719-636-0000**

1675 W. Garden of the Gods Road  
Colorado Springs, CO 80907

[www.colorado.gov/cs/Satellite/CDHS-SelfSuff/CBON/1251581773899](http://www.colorado.gov/cs/Satellite/CDHS-SelfSuff/CBON/1251581773899)

Program to ensure that all able-bodied food assistance participants engage in activities to improve employability.

**The Independence Center-Independent Living****719-471-8181 x141**

729 S. Tejon Street  
Colorado Springs, CO 80903

[www.theindependencecenter.org](http://www.theindependencecenter.org)

Employment services for people with disabilities to include resume writing, interview preparation and employment applications.

**Job Accommodation Network, JAN**  
**800-526-7234**

Office of Disability Employment Policy- ODEP  
U.S. Department of Labor  
<http://askjan.org>  
Leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.

**Pikes Peak Workforce Center**  
**719-667-3700**

2306 East Pikes Peak Avenue  
Colorado Springs, CO 80909  
[www.ppwfc.org](http://www.ppwfc.org)  
State agency offering job search and training for eligible workers including services for persons with disabilities.

**School to Work Alliance Program (SWAP)**

Phone numbers listed on website or call your local school district  
Colorado Department of Education  
Colorado Springs, CO  
<http://www.cde.state.co.us/cdesped/download/pdf/FF-SWAP.pdf>  
Helps individuals ages 16-25 with mild to moderate disabilities find and maintain employment.

**FINANCIAL / BENEFITS**

**Cascade Investment Group**  
**719-632-0818**

90 South Cascade Avenue, Suite 1250  
Colorado Springs, CO 80903  
[www.ciginc.net](http://www.ciginc.net)  
Rob Wrubel, CFP, is a financial planner who works with families with a special needs member.

**CO Dept. of Revenue, Colorado Springs Service Center**  
**303-238-7378**

2447 North Union Boulevard  
Colorado Springs, CO 80909  
<http://www.colorado.gov/cs/Satellite/Revenue/REXX/1216116072809>

Administers rebates on property taxes, rent, and fuel for qualifying Colorado residents.

**Colorado Fund for People with Disabilities**  
**303-733-2867**

1355 South Colorado Boulevard, Suite 120  
Denver, CO 80222  
[www.cfpdtrust.org](http://www.cfpdtrust.org)  
Enhancing quality of life for people with disabilities through fiduciary (trusts) and case manager services.

**Consumer Credit Counseling Service**  
**719-576-0909**

1233 Lake Plaza Drive, Suite A  
Colorado Springs, CO 80906  
[www.cccs.net](http://www.cccs.net)  
Financial counseling plus education, housing counseling, debt management services. Most services are free.

**Crime Victim Compensation Program, El Paso + Teller Counties**  
**719-520-6036**

105 E Vermijo Avenue  
Colorado Springs, CO 80903  
<http://www.4thjudicialda.com/victimwitness3.aspx>  
Assists victims of a crime to receive financial compensation for expenses related to the crime.

**Department of Health Care Policy and Financing**  
**303-866-2993**

1570 Grant Street  
Denver, CO 80203  
[www.colorado.gov/hcpf](http://www.colorado.gov/hcpf)  
Administers Home and Community Based Medicaid Waiver for Persons with Brain Injury, ages 16-64.

**INJURY PREVENTION & CONTROL:**  
**Traumatic Brain Injury**

An estimated **1.7 million** people sustain a TBI annually

*Information provided by the Centers for Disease Control*

## **El Paso County Department of Human Services**

**719-636-0000**

1675 W. Garden of Gods Road  
Colorado Springs, CO 80907

<http://dhs.elpasoco.com>

Food assistance, Aid to Needy Disabled, Home and Community Based services, Adult Medical Programs.

## **El Paso County Veterans Services Office**

**719-520-7750**

5850 Championship View, Suite 130  
Colorado Springs, CO 80922

<http://adm.elpasoco.com/VeteranServices/Pages/default.aspx>

Assists veterans and their dependents and survivors with VA benefits and dealings with government agencies.

## **Energy Outreach Colorado (Via BIAC)**

**303-355-9969**

4200 West Conejos Place #524  
Denver, CO 80204

[www.biacolorado.org/support](http://www.biacolorado.org/support)

BIAC is able to assist individuals with emergency utility bills (Heat & Electricity) through a grant from Energy Outreach Colorado.

## **Friends of Man**

**303-798-2342**

P.O. Box 937  
Littleton, CO 80160

[www.friendsofman.org](http://www.friendsofman.org)

Friends of Man provides charitable assistance. Referring professionals can request an application. See [www.friendsofman.org](http://www.friendsofman.org) for details.

## **The Home Front Cares**

**719-434-1407**

1120 North Circle Drive Suite 7  
Colorado Springs, CO 80909

[www.thehomefrontcares.org](http://www.thehomefrontcares.org)

Emergency financial support for Colorado service members, veterans and their families throughout Colorado.

## **The Independence Center-Independent Living**

**719-471-8181**

729 South Tejon Street  
Colorado Springs, CO 80903

[www.independencecenter.org](http://www.independencecenter.org)

Benefits Specialist available to provide assistance with Social Security and Medicaid benefits application and appeals

## **IRS Taxpayer Assistance Center**

**719-579-5527**

2864 S. Circle Drive  
Colorado Springs, CO 80906

<http://www.irs.gov/uac/Contact-My-Local-Office-in-Colorado>

Personal tax help and face-to-face assistance with tax issues.

## **Law Firm of Ted Bills**

**719-444-1000**

1230 Tenderfoot Hill Road Suite 200  
Colorado Springs, CO 80906

[www.springsattorney.com](http://www.springsattorney.com)

Need long-term financial benefits? We can help! Call brain injury attorney Ted Bills 719-444-1000.

## **Project Cope (Citizen Options for Energy), Colorado Springs Utilities Foundation**

**719-668-3804**

111 South Cascade Avenue  
Colorado Springs, CO 80903

<http://www.projectcopecs.org/>

Provides assistance one time annually to a customer facing utility disconnection.

## **Rocky Mountain Options for Long Term Care**

**719-457-0660**

2812 East Bijou Street  
Colorado Springs, CO 80909

[www.rmhcare.org](http://www.rmhcare.org)

El Paso & Teller Counties case management agency, serving older adults and other individuals with disabilities-Medicaid based programs.

## **Social Security Administration**

**1-888-880-0688**

1049 N. Academy Boulevard  
Colorado Springs, CO 80909  
[www.ssa.gov](http://www.ssa.gov)

Administers SSI and SSDI. Information about disability benefits for qualified individuals can be found at [www.ssa.gov](http://www.ssa.gov).

## **Unemployment Benefits**

**1-800-388-5515**

Colorado Department of Labor & Employment  
633 17th Street, Suite 201  
Denver, CO 80202-3660  
<http://www.colorado.gov/cs/Satellite/CDLE-UnempBenefits/CDLE/1248095315478>

Temporary, partial wage replacement to workers who have been unemployed through no fault of their own.

# **HOUSING: HOUSING ASSISTANCE**

## **Architectural Barrier Removal**

**719-385-5912**

City of Colorado Springs, Housing Development  
Email: [housingdevelopment@springsgov.com](mailto:housingdevelopment@springsgov.com)  
Provides assistance for home modifications for physically disabled persons. Grant assistance for permanent modifications.

## **Colorado Property Tax/Heat/Rent Rebate, "PTC"**

Colorado Department of Revenue, Division of Taxation  
[www.colorado.gov](http://www.colorado.gov), enter PTC into search box  
State rebate program for Colorado residents who are disabled or age 65+

## **Emergency Repair**

**719-385-5912**

City of Colorado Springs, Housing Development  
Email: [housingdevelopment@springsgov.com](mailto:housingdevelopment@springsgov.com)  
Provides assistance for critical housing repairs for conditions that are an immediate hazard to health, safety, and welfare.

## **Housing Authority**

Low income housing assistance including Section 8 certificate, housing voucher, elderly & disabled housing waiver.

### **Housing Authority of Calhan**

**719-347-2616**

406 Cheyenne Street  
Calhan, CO 80808

### **Housing Authority of City of Pueblo**

**719-544-6230**

1414 N. Santa Fe. Avenue, 10th Floor  
Pueblo, CO 81003  
<http://www.hapueblo.org>

### **Housing Authority of Colorado Springs**

**719-387-6700**

831 South Nevada Avenue, #2  
Colorado Springs, CO 80903  
[www.csha.gov](http://www.csha.gov)

### **Housing Authority of El Paso County**

**719-520-6480**

105 East Vermijo  
Colorado Springs, CO 80903

### **Housing Authority of Fountain**

**719-382-5639**

501 East Iowa Avenue  
Fountain, CO 80817

## **Housing First Pikes Peak**

**719-375-8794**

421 South Tejon Street, Suite 112  
Colorado Springs, CO 80903  
[www.harborhouseco.org/Housing-First.html](http://www.harborhouseco.org/Housing-First.html)  
Housing and intensive case management for the chronically homeless with dual diagnosis.

**Defense Centers of Excellence  
Outreach Center  
[resources@dcoeoutreach.org](mailto:resources@dcoeoutreach.org)**



**R. J. Montgomery Center****719-955-8407, 719-578-9190 ext 0**

The Salvation Army

709 South Sierra Madre Street

Colorado Springs, CO 80903

Emergency shelter / Breakfast-Dinner / Bed /  
Showers / Case-management**Rocky Mountain Community Land Trust****719-449-9300 ext 3**

1212 West Colorado Avenue

Colorado Springs, CO 80904

www.rmclt.org

RMCLT partners with low-income, first-time homebuyers through our approved lenders to purchase their first home.

**The Single Family Housing  
Rehabilitation Program****719-385-5912**City of Colorado Springs, Housing Development  
Division

704 East Boulder Street

Colorado Springs, CO 80903

Zero percent deferred loans for essential repairs and improvements for low to medium income.

**VA Homeless Program****719-667-5588**

25 North Spruce Street, Suite 207

Colorado Springs, CO 80905

www.va.gov/homeless

Case management, VA Community Resources, DD  
214 Applications, VA Shelter Plus Program, The  
Crawford House Emergency Residence.**ID 4 the Web | <http://id4theweb.com/appreviews>**

App Reviews Website to help those with brain injury find helpful smart device apps.

**Five Dimensions of Wellness** Emotional \* Social \* Spiritual \* Physical \* Intellectual**Our Inpatient Services and Programs include**

- Acute Psychiatric Stabilization
- Healing Hope - Military specific Acute Care
- Substance Abuse Rehabilitation
- Dual Diagnosis
- Medical Detoxification
- Complex Trauma/Post Traumatic Stress
- Residential Treatment for Children with Reactive Attachment Disorder
- Adult Partial Hospitalization Program
- Southgate School - Nationally Accredited Special Education/Alternative School K-12
- Services for all ages

Life can be an extraordinary adventure when all the blocks fit perfectly together. However sometimes life isn't perfect, things seem out of reach and out of place.

Trauma and Traumatic Brain Injuries can cloud our vision, emotions and thoughts, deeply affecting our lives and our relationships. Without support and engagement across all five dimensions of wellness, rediscovering our balance, wellbeing and passion for life can seem an impossible task.

Cedar Springs Hospital has been treating children, adolescents and adults with exceptional needs since 1923.

**Please Call for a free consultation**  
**719-633-4114 or 1-800-888-1088**  
**Check us out on line**  
**[www.CedarSpringsHospital.com](http://www.CedarSpringsHospital.com)**

We are celebrating **90 Years of community partnership**  
 We were here then, We are here now, We will be here  
 tomorrow - To provide hope for brighter future.



**CEDAR SPRINGS**  
 HOSPITAL  
*Creating hope. Saving lives. Healing families.*

# HOUSING: RESIDENTIAL / RESPITE

## Access to Freedom

**719-260-260-7687**

PO Box 63507

Colorado Springs, CO 80962

[www.accesstofreedom.com](http://www.accesstofreedom.com)

Complete remodeling services of homes to match resident's needs—grab bars, ramps, lifts bathrooms and kitchens.

## Castlewood-Aurora Assisted Living

**720-484-1760**

7822 Windwood Way

Parker, CO 8134

[www.castlewoodhdc.com](http://www.castlewoodhdc.com)

High quality residential services with 24-Hour care provided in a beautiful home.

## Discover Goodwill Residential Program

**719-785-9239**

1460 Garden of the Gods Road

Colorado Springs, CO 80907

[www.discovermygoodwill.org](http://www.discovermygoodwill.org)

Discover Goodwill's residential program assist disabled individuals with independent living.

## Greccio Housing Unlimited

**719- 475-1422**

1808 West Colorado Avenue

Colorado Springs, CO 80904

[www.greccio.org](http://www.greccio.org)

Providing safe, stable, and supportive affordable housing for individuals and families.

## Hilltop-Life Adjustment Program

**970-245-3952**

1331 Hermosa Avenue

Grand Junction, CO 81506

[www.htop.org](http://www.htop.org)

Provides residential treatment services, independent living skills training, community reintegration. Accepts Medicaid (HCBS-BI SLP provider), workmen's comp, private pay.

## Rocky Mountain Brain Injury Services

**719-457-0660**

2812 E. Bijou

Colorado Springs, CO 80909

[www.rmhcare.org](http://www.rmhcare.org)

Residential treatment services; living skills; community reintegration; respite care; counseling; vocational training. Accepts Medicaid (HCBS-BI Hospital and SLP provider), private pay, workmen's compensation, TriCare and some commercial insurances.

## Rocky Mountain Community Land Trust

**719-449-9300**

1212 West Colorado Avenue

Colorado Springs, CO 80904

[www.rmclt.org](http://www.rmclt.org)

RMCLT partners with low-income, first-time home buyers through our approved lenders to purchase their first home.

## Stephens Brain Injury Campus

**970-506-0008**

2774 Reservoir Road

Greeley, CO 80634

[www.gciinc.org](http://www.gciinc.org)

Residential treatment services; living skills; community reintegration. Accepts Medicaid (HCBS-BI SLP provider), private pay, workmen's comp.

## Wildflower Assisted Living

**303-877-7965**

6197 W. 83rd Way

Arvada, CO 80003

[www.awildflowerassistedliving.com](http://www.awildflowerassistedliving.com)

Residential services. Accepts Medicaid (HCBS-BI SLP provider)  
(Contact: Nicole Zamparelli-Schiavone).

**Sports Concussions**  
[www.sportsconcussions.org](http://www.sportsconcussions.org)

## LEGAL

### The Law Firm of Ted Bills

**719-444-1000**

1230 Tenderfoot Hill Road, Suite 200

Colorado Springs, CO 80906

[www.Springsattorney.com](http://www.Springsattorney.com)

Need legal representation? We can help! Call Brain Injury Attorney, Ted Bills.

### The Law Firm of Jaray & Webster

**719-633-6620**

985 Pico Point

Colorado Springs, CO 80905

[www.jaraywebsterlaw.com](http://www.jaraywebsterlaw.com)

Free consultations in family law, personal injury and worker's compensation – Representing survivors for 30 years.

### Lee K. Rosenbaum, P.C

**719-634-0102**

1902 W. Colorado Avenue

Colorado Springs, CO 80904

### Miller Law, P.C

**719-466-7381**

222 E. Costilla Street

Colorado Springs, CO 80903

[www.krismillerlaw.com](http://www.krismillerlaw.com)

Free evaluations regarding Personal Injury and Family Law matters. We litigate; you focus on recovery.

### Shakeshaft Law Firm

**719-635-5886**

1935 Jamboree Drive, Suite 202

Colorado Springs, CO 80920

[www.shakeshaftlawfirm.com](http://www.shakeshaftlawfirm.com)

TBI's from accidents or carbon monoxide exposure require knowledgeable lawyers to help. Let us help you.

**Brain Injury Alliance of Colorado**  
[www.biaincolorado.org](http://www.biaincolorado.org)

## MENTAL HEALTH

### Aspen Pointe

**719-572-6100**

875 West Moreno Avenue

Colorado Springs, CO 80905

[www.aspenpointe.org](http://www.aspenpointe.org)

Mental health services. Accepts Medicaid, Medicare, Commercial Insurance, Private Pay.

### Cedar Springs Hospital

**719-633-4114 or 1-800-888-1088 ext. 1340**

2135 Southgate Road

Colorado Springs, CO 80906

[www.cedarspringshospital.com](http://www.cedarspringshospital.com)

Serves the behavioral health needs of Colorado Springs. Call 1-800-888-1088.

### Center for Behavioral Health at Penrose- St. Francis Health Services

**719-634 1825**

961 E. Colorado Avenue

Colorado Springs, CO 80903

[www.penrosetfrancis.org/behavioralhealth](http://www.penrosetfrancis.org/behavioralhealth)

Services include drug/alcohol treatment, neuropsychological testing, dementia assessment and outpatient counseling for children, adults of all ages and families.

### The Collaborative

**719-632-1822**

5 W. Las Vegas

Colorado Springs, CO 80903

[www.mysrm.org](http://www.mysrm.org)

Holistic approach for individuals with mental and substance abuse disorders.

### Depression and Bipolar Support Group

**719-477-1515**

2132 E. Bijou Street, Suite 112

Colorado Springs, CO 80904

[www.DBASAColoradoSprings.org](http://www.DBASAColoradoSprings.org)

Features weekly peer support groups for people dealing with Depression, Bipolar, PTSD, Anxiety. Lectures and library.

**Franciscan Community Counseling**

**719- 955-7008**

7655 Assisi Heights  
Colorado Springs, CO 80919  
www.franciscancommunitycounseling.org.

**International Neural Renewal (INR)**

**719-541-4912**

41250 Alford Road  
Simla, CO 80835  
www.neuralrenewal.com  
INR – Low energy neuro feedback.

**Joel Junker, LPC**

**719-578-8664**

611 North Weber Street  
Colorado Springs, CO 80903  
Specializes in work with individuals/families dealing with disabilities.

**Julia Gregson, LCSW**

**720-291-5880**

7437 Village Square Drive  
Castle Pines, CO 80108  
www.counsel4health@ad.com  
Recovering from a brain injury myself, I have been a therapist for 30 years!

**Marla Lucero, MA, LPC**

**719-569-9369**

1115 N. Grand Avenue, Suite 201  
Pueblo, CO 81005  
Provides individual, couples and group counseling.

**Mental Health America of Pikes Peak Region**

**719-633 4604**

1352 N. Academy Boulevard  
Colorado Springs, CO 80909  
www.mentalhealthanswers.org  
Provides information and education on issues regarding mental health and provides referrals to services in the community.

**National Alliance on Mental Illness**

**719-473-8477**

510 East Willamette  
Colorado Springs, CO 80903  
www.namicoloradosprings.org  
Advocacy for those with mental illness and their families. Resource and referral—9 a.m. -1p.m. Monday-Friday.

**Peak View Behavioral Health**

**Psychiatric Hospital**

**719-444-8484**

7353 Sisters Grove  
Colorado Springs, CO 80923  
www.peakviewbh.com  
Provides inpatient, partial-hospitalization and intensive outpatient programs for adults 18 years of age and older. Services for children as young as four and adolescents will be added gradually either fall/winter 2012/2013.

**Rockies Counseling Center**

**719-314-4450**

555 E. Pikes Peak Avenue  
Colorado Springs, CO 80909  
www.switzercounseling.org  
Psychotherapy and assessment.

**Ron Apgar, LPC**

**719-634-5242**

208 North Corona Street  
Colorado Springs, CO 80903  
Private practice since 1992. Specialized in individual/marital counseling, PTSD and is EMDR trained.

**Spanish Peaks Behavioral Health Centers**

**719-545-2746**

1026 West Abriendo Avenue  
Pueblo, CO 81004  
www.spanishpeaks.org  
Fourteen programs in eight different facilities, including Substance Abuse treatment services. Medicaid, Medicare, Commercial Insurance and Private Pay.

**Colorado Kids with Brain Injury**  
cokidswithbraininjury.com

# PHYSICAL MEDICINE AND REHABILITATION

## Alliance Health Partners Optima Rehabilitation

**719-632-4754**

155 Printers Parkway, Suite 200  
Colorado Springs, CO 80910  
www.alliancehealthpartners.com  
Providing effective, compassionate chiropractic services to people with brain injuries for over 20 years.

## Ascending to Health Respite Care and SOAR

**719-360-5205**

709 S. Sierra Madre  
Colorado Springs, CO 80903  
www.ascendingtohealth.com  
Healthcare, shelter, case management including SOAR, social security benefits for homeless and post hospital care.

## Balance Point Vestibular Rehabilitation

**719- 667-0666**

7606 N. Union Boulevard  
Colorado Springs, CO 80920  
A Physical Therapy practice specializing in treating patients with problems with dizziness and balance disorders.

## Child Development Center of Colorado Springs

**719-574-8300**

3090 N. Academy Boulevard  
Colorado Springs, CO 80917  
www.cdcrehab.com  
When it comes to treating disabled and developmentally delayed children, we've met that challenge head on for 23 years.

**Center on Brain Injury Research and Training**  
<http://cbirt.org>

## Colorado Neurological Institute Neuro Health Center

**303- 788-4010**

701 E Hampden Avenue, Suite 415  
Englewood, CO 80113-2759  
www.thecni.org

## Colorado Rehabilitation

**719-776-5960**

2222 N. Nevada Avenue, Suite 5020  
Colorado Springs, CO 80907

## Colorado Springs Neurological Associates

**719- 473-3272**

2312 N. Nevada Avenue, Suite 100  
Colorado Springs CO 80907  
www.csneuro.com  
The largest and most experienced neuroscience and spine practice in southern Colorado.

## Craig Hospital

**303-789-8000**

3425 S. Clarkson Street  
Englewood, CO 80113  
Traumatic Brain Injury Admissions: Autumn Schmid 303-789-8344  
www.craighospital.org

## Dr. Brian Grabert-Neurologist

**719-578-8666**

Colorado Springs Health Partners, PC  
1633 Medical Center Point  
Colorado Springs, CO 80907  
www.cshp.net  
Board certified Neurologist, treating pediatrics and adults. Specialized Memory Clinic available.

## Dr. David Richman

**719-636-2800**

North Springs Physical Medicine  
325 Parkside Drive  
Colorado Springs, CO 80910  
www.northspringsphysicalmedicine.com  
Specializing in physical medicine and rehabilitation.

**Dr. Garrison Fang**

**719-776-5200**

Penrose Hospital Out-Patient Acupuncture  
2222 N. Nevada Avenue  
Colorado Springs, CO 80907  
www.penrosetfrancis.org  
Certified with the National Commission for the  
Certification of Acupuncturists and Oriental  
Medicine.

**Dr. Michael Galvin, PhD, PC**

**719-634-4444**

315 East San Rafael Street  
Colorado Springs, CO 80903-2405  
www.drgalvin.com  
Specializing in treatment of psychological effects of  
trauma.

**Dr. Michael Saxerud, D.O.**

**719-884-8480**

Gleneagle Vision Center  
15435 Gleneagle Drive # 110  
Colorado Springs, CO 80921  
www.gleneaglevision.com  
Remediation of visual deficiencies following TBI or  
stroke.

**Dr. T. Drake McDonald-Neurologist**

**719-578-8666**

Colorado Springs Health Partners, PC  
1633 Medical Center Point  
Colorado Springs, CO 80907  
www.cshp.net  
Board Certified Neurologist- EMG and Sleep  
Certified

**Dr. Thomas Wilson O.D., FCOVD**

**719-599-2020**

Pine Creek Vision Clinic  
9475 Briar Village Point, Suite 200  
Colorado Springs, CO 80920  
www.pinecreekvision.com  
Vision Rehabilitation solutions for visual problems  
from stroke and head injuries.

**Driver Safety Consultants**

**719-277-0001**

Thomas Antkow President  
3515 N. Carefree Circle  
Colorado Springs, CO 80917  
www.drivesafer.info  
Specializing in brain injuries and spinal cord injuries.  
All phases of driver evaluations, testing, and training.

**El Paso County Medical Society**

**719-591-2424**

730 Citadel Drive East, Suite 206  
Colorado Springs, CO 80909  
www.epcms.org  
To be an advocate for physicians, improve  
community health, and create a liaison between  
physicians and their patients.

**Fitness to Drive**

**719-776-5200**

Terri Cassidy OTR, CDRS  
Penrose Hospital Driving Rehabilitation Program  
2222 N. Nevada Avenue  
Colorado Springs, CO 80907  
www.penrosetfrancis.org  
A program for people who need to develop or  
improve their current driving capabilities due to  
injury or age-related changes.

**HealthSouth Rehabilitation Hospital of  
Colorado Springs**

**719-630-8000**

325 Parkside Drive  
Colorado Springs, CO 80910  
www.healthsouthcoloradosprings.com  
Our comprehensive Brain Injury Rehabilitation  
programs include inpatient rehabilitation, outpatient  
therapy and home care.

**Jill Corson NP Neurology**

**719-578-8666**

Colorado Springs Health Partners, PC  
1633 Medical Center Point  
Colorado Springs, CO 80907  
www.cshp.net

**Memorial Hospital-University of  
Colorado Health**  
**719-365-5642**

175. S. Union Boulevard, Suite 250  
Colorado Springs, CO 80910  
www.memorialhealthsystem.com  
Offering Physical, Occupational, and Speech  
Therapy and Neuropsychology at 6 clinics in  
Colorado Springs.

**Mission Medical**  
**719-219-3402**

2125 E. La Salle  
Colorado Springs, CO 80907  
www.missionmedicalclinic.org  
A Christian free clinic specializing in diabetes,  
dental, vision, spiritual support and prayer,  
gynecology, behavioral health, cardiac care and  
prevention.

**Parkview Center for Rehabilitation**  
**719-584-4995**

400 West 16th Street  
Pueblo, CO 81003  
www.parkviewmc.com  
Our CARF accredited Acute Inpatient Rehab Facility  
provides a complete continuum of therapy services.

**Parkview Intensive Outpatient  
Day Rehabilitation**  
**719-584-4995**

400 West 16th Street  
Pueblo, CO 81003  
www.parkviewmc.com  
Program designed for individuals who need at least  
2 therapy sessions in an intensive setting.

**Parkview Outpatient Rehabilitation Clinic**  
**719-584-4889**

3204 Spaulding Avenue  
Pueblo, CO 81008  
www.parkviewmc.com  
Our Physical, Occupational and Speech therapists  
provide expert assessment, guidance, constant  
encouragement and support.

**Peak Vista Community Health Center**  
**719-632-5700**

2840 International Circle  
Colorado Springs, CO 80910  
www.peakvista.org  
A private nonprofit dedicated to premier medical,  
dental and behavioral health services for people of  
all ages facing access barriers.

**Penrose Hospital Rehabilitation**  
**719-776-5200**

2222 N. Nevada Avenue  
Colorado Springs, CO 80907  
www.penrosetfrancis.org  
Offering rehabilitation services spanning the  
spectrum from acute intervention through  
outpatient treatment, support, and reintegration into  
home, work, and community settings.

**Pikes Peak Therapeutic Riding Center**  
**719-495-3908**

13620 Hallelujah Trail  
Elbert , CO 80106  
www.pptrc.org  
Physical, Occupational, or Behavioral Health  
Therapies using therapeutic horsemanship.

**Powers Medical Family Practice**  
**719-550-9100**

Dr. Keith O. Bodrero, DO ,PhD, PC  
6080 North Carefree  
Colorado Springs, CO 80922  
www.powersmedical.com  
Offering manipulative therapy, cranial therapy,  
micro current therapy and stimulation therapy,  
alternative energy therapies, and medical therapies.

**St. Anthony Central**  
**720-321-0000**

11600 W. 2nd Place  
Lakewood, CO 80228

**Defense Centers of Excellence Outreach Center**  
resources@dcoeoutreach.org

### **St. Mary–Corwin Medical Center**

**1-800-228-4039**

1008 Minnequa Avenue  
Pueblo, CO 81004

[www.stmarycorwin.org](http://www.stmarycorwin.org)

Offering comprehensive services for in-patient and out-patient care. Certified Stroke Center.

### **St. Thomas More Hospital**

**719-285-2600**

1338 Phay Avenue  
Canon City, CO 81212

[www.stmhospital.org](http://www.stmhospital.org)

Offering a full line of Physical, Occupational, and Speech Therapy services for clients with mild to moderate brain injuries.

### **Tai Ji Chinese Medicine and Acupuncture**

**719-559-4550**

Debbie Hsiao Ki Ting L.A.C., MSOM, Dipl.OM  
7621 Austin Bluffs Parkway, Suite 100  
Colorado Springs, CO

[www.taijiacupuncture.com](http://www.taijiacupuncture.com)

Offering Acupuncture, Chinese Herbal Medicine, and massage.

### **TheraSynthesis, LLC**

**719- 964-4275**

Allison J. Edwards, MA, MS, CCC-SLP  
508 N. 24th Street  
Colorado Springs, CO 80904-2611

[www.ComaCommunicationFacilitation.com](http://www.ComaCommunicationFacilitation.com)

Specializing in working with people in a coma, vegetative or minimally conscious state.

## **TRANSPORTATION**

### **Amblicab**

**719-633-4677**

1352 North Academy Boulevard  
Colorado Springs, CO 80909

[www.amblicab.org](http://www.amblicab.org)

Door-through-door paratransit services for ADA certified adults ages 18+ in Colorado Springs area.

### **BEO Mobility**

**719-362-8000**

3275 Fillmore Ridge Heights  
Colorado Springs, CO 80907

[www.beopersonalcare.com/mobility/](http://www.beopersonalcare.com/mobility/)

Reliable door-to-door non-emergency transportation (ambulatory/wheelchair/stretchers) available 24 hrs/day, 7 days/week.

### **Disabled American Veterans**

**719-785-4164**

660 Southpointe Court  
Colorado Springs, CO 80906

Email: [dav.cosprings@gmail.com](mailto:dav.cosprings@gmail.com)

Free transportation for veterans to Denver VA Hospital. Van reservation and hospital appointment required. Call for reservation.

### **Fountain Valley Senior Services**

**719-520-6472**

5745 Southmoor Drive  
Fountain, CO 80817

[dhs.elpasoco.com/Pages/FountainValleySeniorCenter.aspx](http://dhs.elpasoco.com/Pages/FountainValleySeniorCenter.aspx)

Provide transportation to persons age 60+ and non-elderly disabled (wheelchair users) who live in Southern & Eastern El Paso County. In Calhan, call 719-347-2221.

### **Freewheel Mobility**

**719-635-7800**

4655 Town Center Drive, Suite 160  
Colorado Springs, CO 80916

[www.freewheelvans.com](http://www.freewheelvans.com)

Providing sales and service of wheelchair accessible vehicles, wheelchair lifts, and adaptive driving aids.

### **INJURY PREVENTION & CONTROL:**

### **Traumatic Brain Injury**

An estimated **1.7 million** people  
sustain a TBI annually

*Information provided by the Centers for Disease Control*



## Motor Vehicle Department, El Paso County 719-520-6240

Citizens Service Center  
1675 West Garden of the Gods Road  
Colorado Springs, CO 80907  
<http://car.elpasoco.com/MotorVehicle/Pages/default.aspx>  
Titles, registrations, and permits for motor vehicles.  
Four locations – main, downtown, southeast, and north. Call for information.

## Mountain Metropolitan Transit 719-385-RIDE

1015 Transit Drive  
Colorado Springs, CO 80903  
[www.springsgov.com/SectionIndex.aspx?SectionID=16](http://www.springsgov.com/SectionIndex.aspx?SectionID=16)  
ADA paratransit service for ADA-certified individuals who are unable to use the fixed-route bus service.

## Silver Key Senior Services Transportation 719-884-2380

2250 Bott Avenue

Colorado Springs, CO 80904  
[www.silverkey.org/programs/transportation](http://www.silverkey.org/programs/transportation)  
Door-through-door ADA accessible transportation for Colorado Springs seniors 60+. Rides for medical appointments, shopping, social activities, recreation trips, etc.

## Wheelchair Getaways of Colorado 800-238-6920

P.O. Box 621429  
Littleton, CO 80162  
[www.wheelchairgetaways.com](http://www.wheelchairgetaways.com)  
Accessible van rentals. Hand controls available.  
Full size and mini available. Delivery available throughout Colorado.

## Yellow Cab Company of Colorado Springs 719-777-7777

4625 Town Center Drive  
Colorado Springs, CO 80916  
[www.yccos.com](http://www.yccos.com)  
Serving the Pikes Peak region with pride since 1922. 24/7, 365 days a year. All major credit cards accepted.

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# Brain injury resources

The Colorado Brain Injury Program, formerly known as the Trust Fund, was established in 2002 to provide care coordination and services to children and adults with brain injuries, as well as fund education and research regarding brain injury in Colorado. Revenue for this program comes from surcharges placed on traffic ticket convictions for speeding, the children's helmet law, DUI, and DWAI. The program partners with the Brain Injury Alliance of Colorado, Department of Education, Department of Public Health and Environment, and Rocky Mountain Human Services to provide comprehensive support across the state. Please visit [tbicolorado.org](http://tbicolorado.org) for more information.

## What is a brain injury?

Acquired brain injury is an injury to the brain that has occurred after birth and which is not hereditary, congenital, or degenerative. Causes

include external forces applied to the head and or neck (traumatic brain injury), anoxic/hypoxic injury (cardiac arrest, carbon monoxide poisoning, airway obstruction, hemorrhage, drowning), intracranial surgery, infectious diseases, seizure disorders, toxic exposure (substance abuse, ingestion of lead, inhalation of volatile agents), aneurysms, and vascular obstruction (stroke).

Brain injury affects the whole person, including changes in the physical, emotional, and cognitive areas of the body. These changes can impact how a person reacts to his or her daily life, including school and work, and how s/he manages his or her finances. Relationships and a person's well-being are determined by how well he or she can manage these challenges. The road can seem long and insurmountable, especially without help.

## TBI versus ABI

The medical terms and abbreviations associated with a diagnosis of a brain injury can be very confusing to a patient and the family. A brain injury can be classified in many different ways. Two ways in which a brain injury can be classified is as a traumatic brain injury (TBI) or as an acquired brain injury (ABI). All TBI's are also under the umbrella of an ABI, but not all ABI's are TBI's. Confused yet?

An ABI is defined as an injury to the brain occurring after birth that is not hereditary, congenital, or degenerative. Based on this definition, diagnoses such as cerebral palsy, multiple sclerosis, and Down's syndrome are not included under the category of ABI even though they may have involvement of the brain. Causes of an acquired brain injury do include tumors, blood clots, strokes, seizures, toxic exposures, infections such as meningitis or encephalitis, metabolic disorders from diabetes or liver or kidney diseases, neurotoxic poisoning such as carbon monoxide, and lack of oxygen to the brain from drowning, airway obstruction with choking, or cardiac arrest. As mentioned, a traumatic brain injury is also an ABI.

A traumatic brain injury, as defined by the Brain Injury Association of America, "is an insult to the brain caused by an external physical force that may produce an altered or diminished state of consciousness, which results in an impairment of cognitive abilities and/or physical functioning. It can also result in the disturbance of behavioral or emotional functioning. These impairments may be either temporary or permanent." Causes of a TBI can include: a motor vehicle accident, falls, gunshot wounds, sports injuries, workplace injuries, child abuse such as shaken baby syndrome, domestic violence, and military actions.

## Concussion Warning Signs

Thinking/Remembering	Physical	Emotional/Mood	Sleep
Difficulty thinking clearly	Headache Fuzzy or blurry vision	Irritability	Sleeping more than usual
Feeling slowed down	Nausea or vomiting (early on) Dizziness	Sadness	Sleep less than usual
Difficulty concentrating	Sensitivity to noise or light Balance problems	More emotional	Trouble falling asleep
Difficulty remembering new information	Feeling tired, having no energy	Nervousness or anxiety	

## Stroke Warning Signs And Symptoms

F.A.S.T. is:

**Face Drooping** — Does one side of the face droop or is it numb? Ask the person to smile.

**Arm Weakness** — Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

**Speech Difficulty** — Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?

**Time to Call 911** — If the person shows any of these symptoms, even if the symptoms go away, call 911 and get them to the hospital immediately

*Provided by the American Heart Association and the American Stroke Association*

## Assistive Technology for Traumatic Brain Injuries

Having a Traumatic Brain Injury (TBI) can make everyday tasks seem very daunting. Assistive Technology (AT) can ease that fear with simple, easy-to-use devices that can make performing those tasks even easier. People that have a TBI often have difficulty with vision, memory and cognition, mobility, and weakness on one side, among other effects. AT devices can help with all of these functional limitations.

For example, recordable pens or key chains can be used to help with memory problems. For someone with weakness on one side or other mobility challenges, there are products that help with food preparation, buttoning a shirt, or washing their hair. There are many devices that will help with grip difficulties. Everything from turning a doorknob to holding a utensil can be solved using AT. To help with vision, there are handheld or electronic magnifiers, as well as devices that will read a document out loud.

# Memorial Hospital Physical Rehabilitation Services and Concussion Clinic

Memorial's physical rehabilitation programs offer individualized treatment designed to restore personal independence and help patients achieve the highest level of function specific to their condition.

## Memorial Inpatient Rehabilitation Facility

- One-on-one rehabilitation designed to address the needs of patients needing 24-hour nursing care while facing adjustment to long-term or permanent disability as a result of illness or neurological, orthopedic, medical or other traumatic injury.
- Located on the 7th floor of Memorial Hospital Central.
- Accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities.
- Call 719-365-2777 for more information.

## Memorial Outpatient Physical Rehabilitation

- A rehabilitation therapist works one-on-one with every patient to assure that the treatment plan is individualized, interdisciplinary and specific to the patient's needs.
- Six outpatient clinics are located throughout the Colorado Springs area.
- Call 719-365-6411 for more information.

## Memorial Concussion Clinic

- A clinical neuropsychologist works one-on-one with every patient to assess and treat the cognitive, physical and emotional symptoms sustained during a concussion, helping the patient return to sports and day-to-day activities sooner.
- Call 719-365-6411 for more information.



Memorial Hospital

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