



TRAUMEDY:

THE ART OF MAKING
BRAIN INJURY FUNNY

A TALK BY MIMI HAYES



BAD DATE?



FIN

BRANE

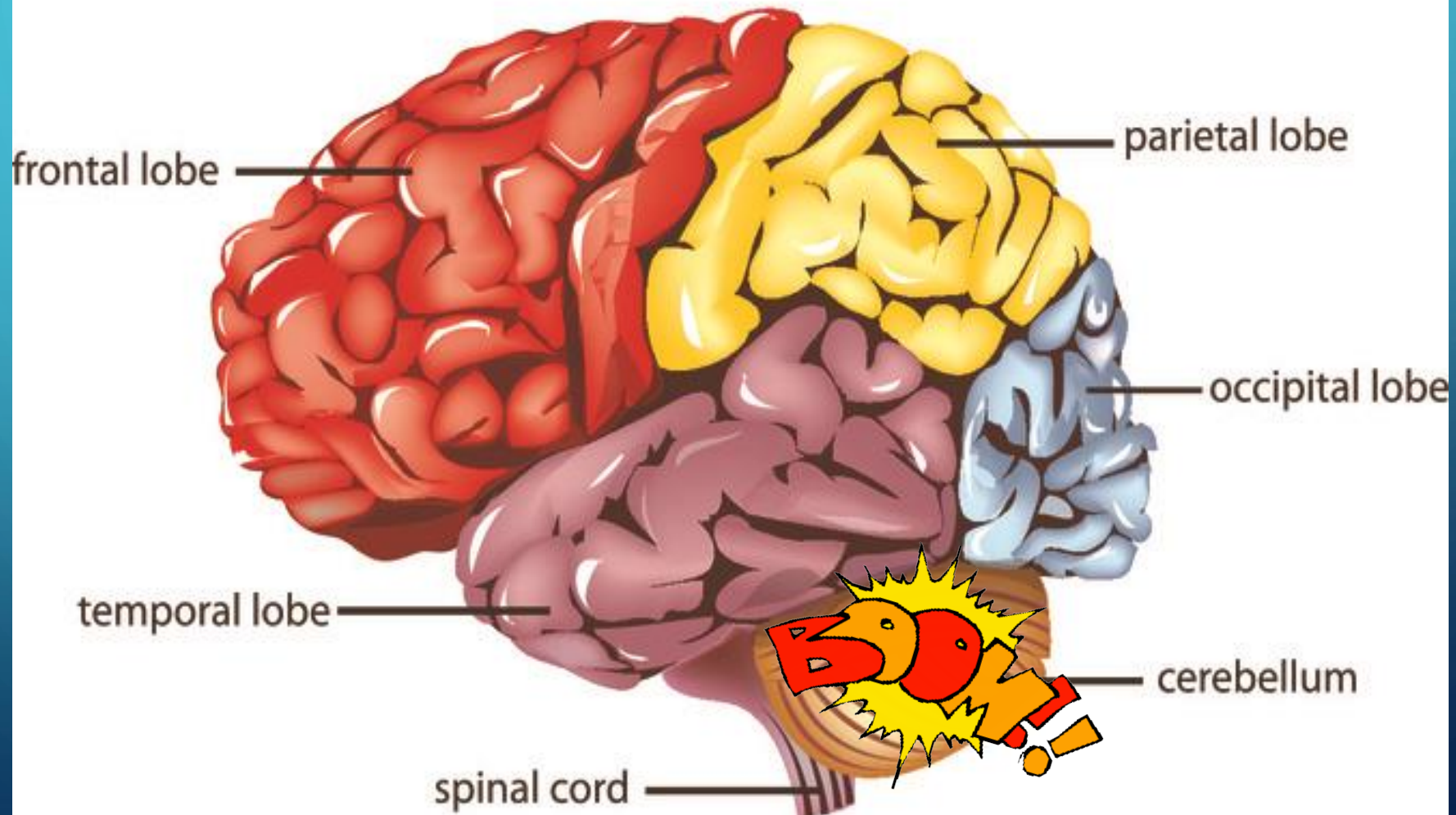
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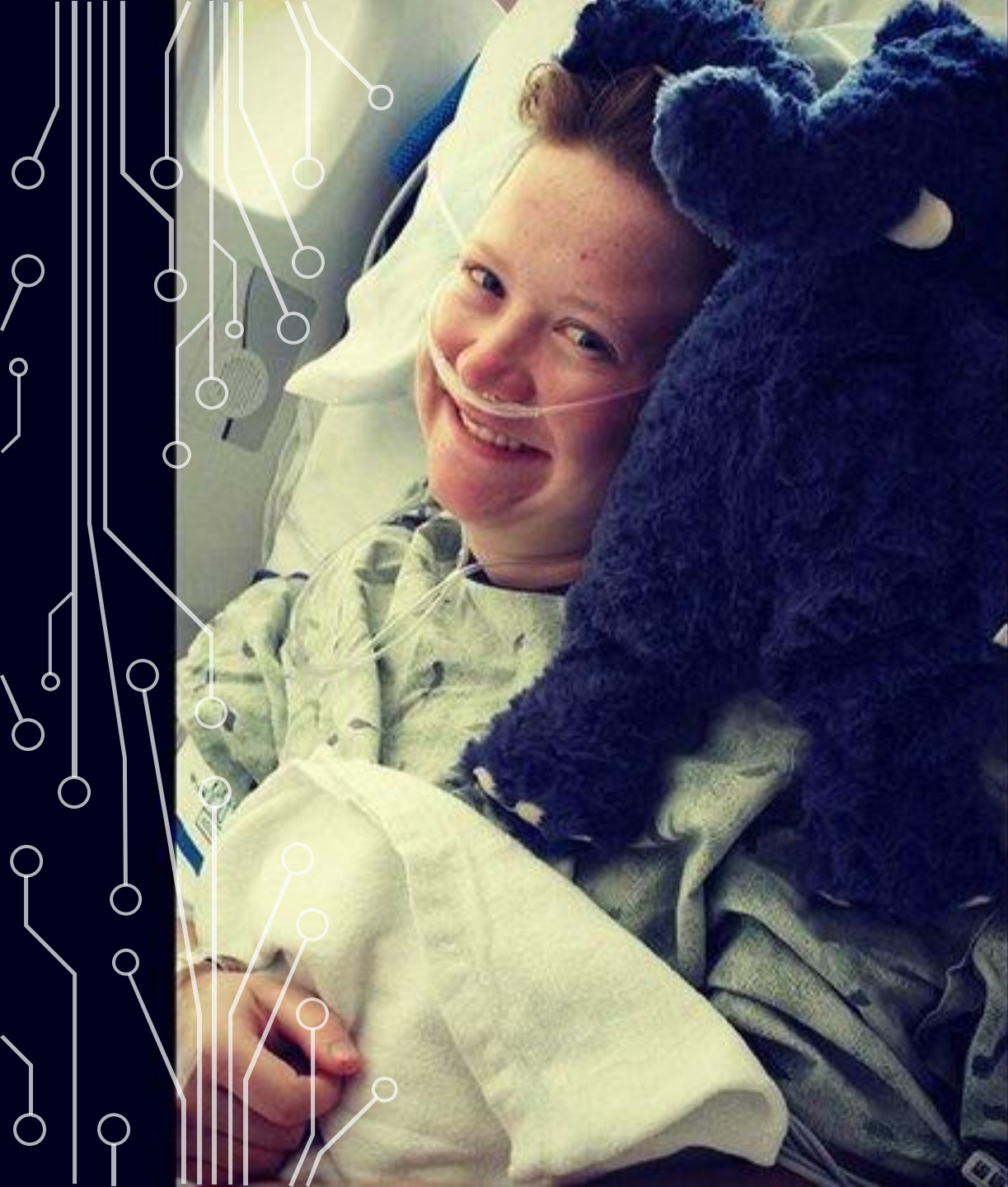
Small text on the wall to the right of the speaker.



MY BRAIN GOES BOOM!

Parts of the Human Brain





OCT 3, 2014





Mimi Hayes is 😊 feeling thankful. ...

Sep 7, 2014 at 2:31pm • 👥

UPDATE for friends and family: After 3 long days, many pokes and MRI's, and truly lovely nurse visits, I have been released from the hospital on good behavior. I will be resting at home for the next 3-4 weeks while my brain heals. My stability and vision are still kind of impaired (picture a drunk person haha) but I am otherwise fine. But don't you think for one second that some silly brain hemorage will keep me down. You heard me Denver Half Marathon, I'm coming for you in October baby!



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Brooke Grey and 46 others



can you die of cavernous angioma 🔍



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Angioma Alliance -- Cerebral Cavernous Angioma and Hemorrhage

www.angiomaalliance.org/pages.aspx?content=69 ▼

by J Hoch - [Related articles](#)

The majority of **cavernous angioma** lesions don't bleed and the **one's** that **do** normally don't bleed suddenly and quickly, but they leak slowly. This page provides ...

Basic Cavernous Angioma Information - Angioma Alliance

www.angiomaalliance.org/pages.aspx?content=62 ▼

Mar 20, 2018 - Risks of any surgery, including **cavernous angioma**, include stroke, paralysis, coma or death, although these complications are rare with modern surgery performed by expert neurosurgeons.

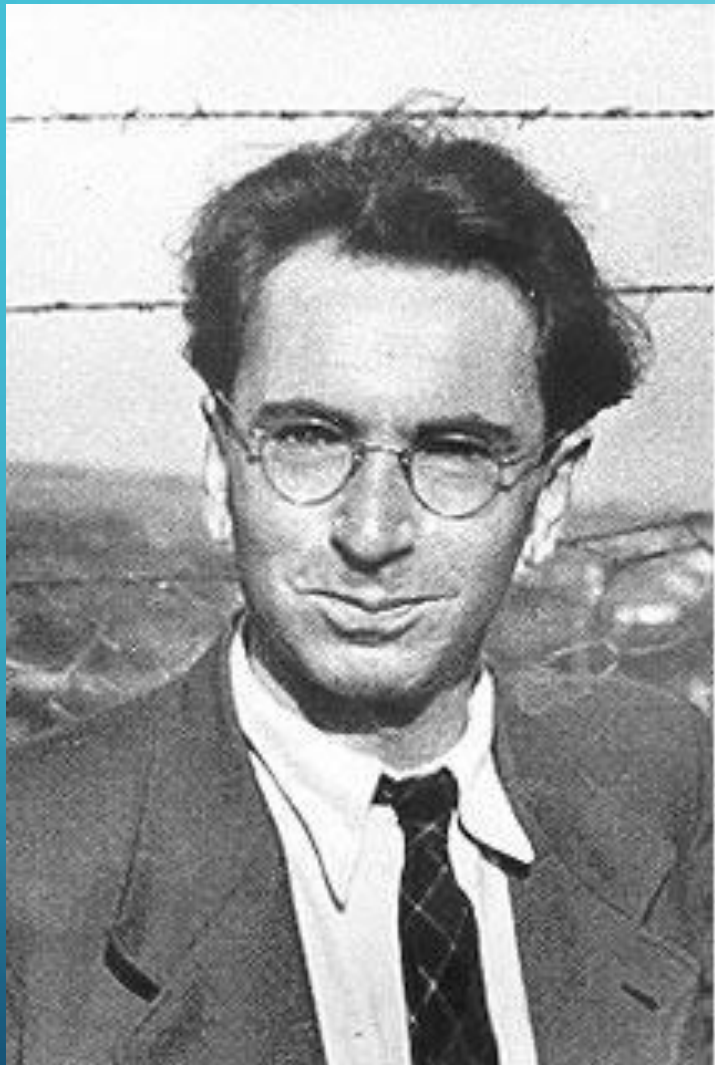
People also ask

- Are Cavernomas life threatening? ▼
- Are Cavernomas dangerous? ▼
- Is a cavernous angioma a brain tumor? ▼
- What causes a cavernous angioma? ▼

[Feedback](#)

Angioma Alliance -- Brainstem Cavernous Angiomas





“We were overcome by a grim sense of humor. We knew that we had nothing to lose except our so ridiculously naked lives. When the showers started to run, we all tried very hard to make fun, both about ourselves and about each other. After all, real water did flow from the sprays!”-Viktor Frankl



To Be
Destroyed

Dear Family,

If anyone finds this it means something bad happened ~~today~~ today... Woops.

I just want all of you to know that I love you so much and my time on this Earth has been pleasant because of you (wow, it's weird to actually write something like this... I hope you don't ever have to read this...)

I know in my heart that we will be together again... probably tomorrow, because you don't actually need to read this because I'm fine and I've already destroyed this letter and joked to you all about writing ~~it~~ it.

This is ridiculous.

I'm going to bed. See you tomorrow, you'll never see this letter.

And Tucker: Stay Golden.

And sorry about all the leftovers I left in the fridge...

One more thing: I have a diary lying around somewhere... happy hunting!

Love, M



TRAUMEDY:

Noun

“The art of making one’s trauma into comedic material.”

- About Brain Aneurysms
- Brain Aneurysm Basics
- Understanding the Brain
- Warning Signs/ Symptoms
- Brain Aneurysm Statistics and Facts
- Seeking Medical Attention
- Risk Factors
- Types of Brain Aneurysms
- Diagnosis
- Treatment

Brain Aneurysm Statistics and Facts

- > An estimated 6 million people in the United States have an unruptured brain aneurysm, or 1 in 50 people.
- > The annual rate of rupture is approximately 8 – 10 per 100,000 people or about 30,000 people in the United States suffer a brain aneurysm rupture. There is a brain aneurysm rupturing every 18 minutes. Ruptured brain aneurysms are fatal in about 40% of cases. Of those who survive, about 66% suffer some permanent neurological deficit.
- > Approximately 15% of patients with aneurysmal subarachnoid hemorrhage (SAH) die before reaching the hospital. Most of the deaths from subarachnoid hemorrhage are due to rapid and massive brain injury from the initial bleeding which is not correctable by medical and surgical interventions.
- > 4 out of 7 people who recover from a ruptured brain aneurysm will have disabilities.
- > Brain aneurysms are most prevalent in people ages 35 – 60, but can occur in children as well. The median age when aneurysmal **hemorrhagic stroke** occurs is 50 years old and there are typically no warning signs. Most aneurysms develop after the age of 40.
- > Most aneurysms are small, about 1/8 inch to nearly one inch, and an estimated 50 to 80 percent of all aneurysms do not rupture during the course of a person's lifetime. Aneurysms larger than one inch are referred to as "giant" aneurysms and can pose a particularly high risk and can be difficult to treat.
- > Women, more than men, suffer from brain aneurysms at a ratio of 3:2.
- > African-Americans at twice the rate of rupture of whites (a 2.1:1 ratio)
- > Hispanics at nearly twice the rate of rupture of whites (a 1.67:1 ratio)
- > Ruptured brain aneurysms account for 3 – 5% of all new strokes.
- > Subarachnoid hemorrhage (SAH) is one of the most feared causes of acute headache upon presentation to the emergency department. Headache accounts for 1 – 2% of the emergency room visits and up to 4% of visits to the primary care offices. Among all







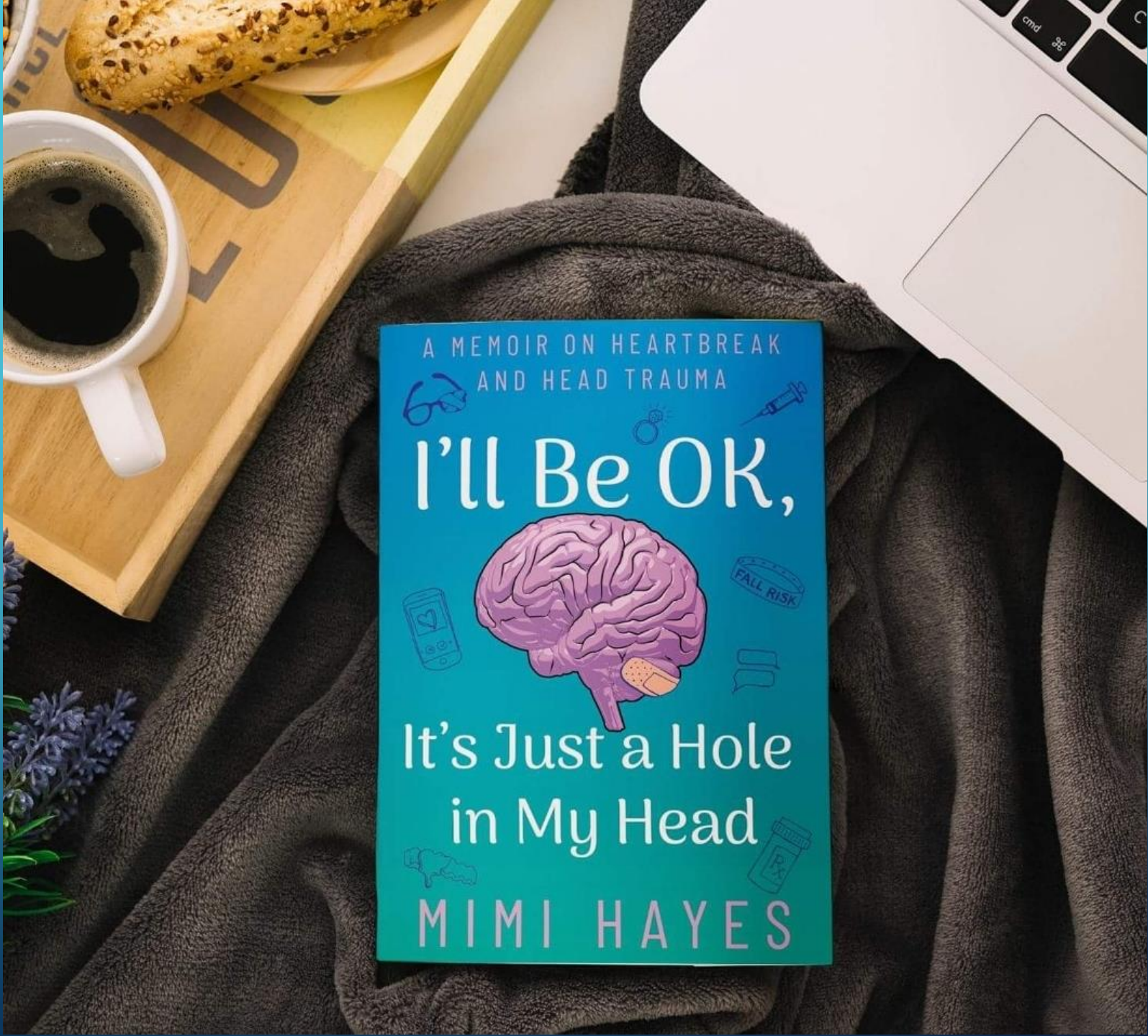






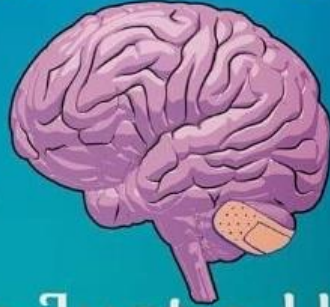






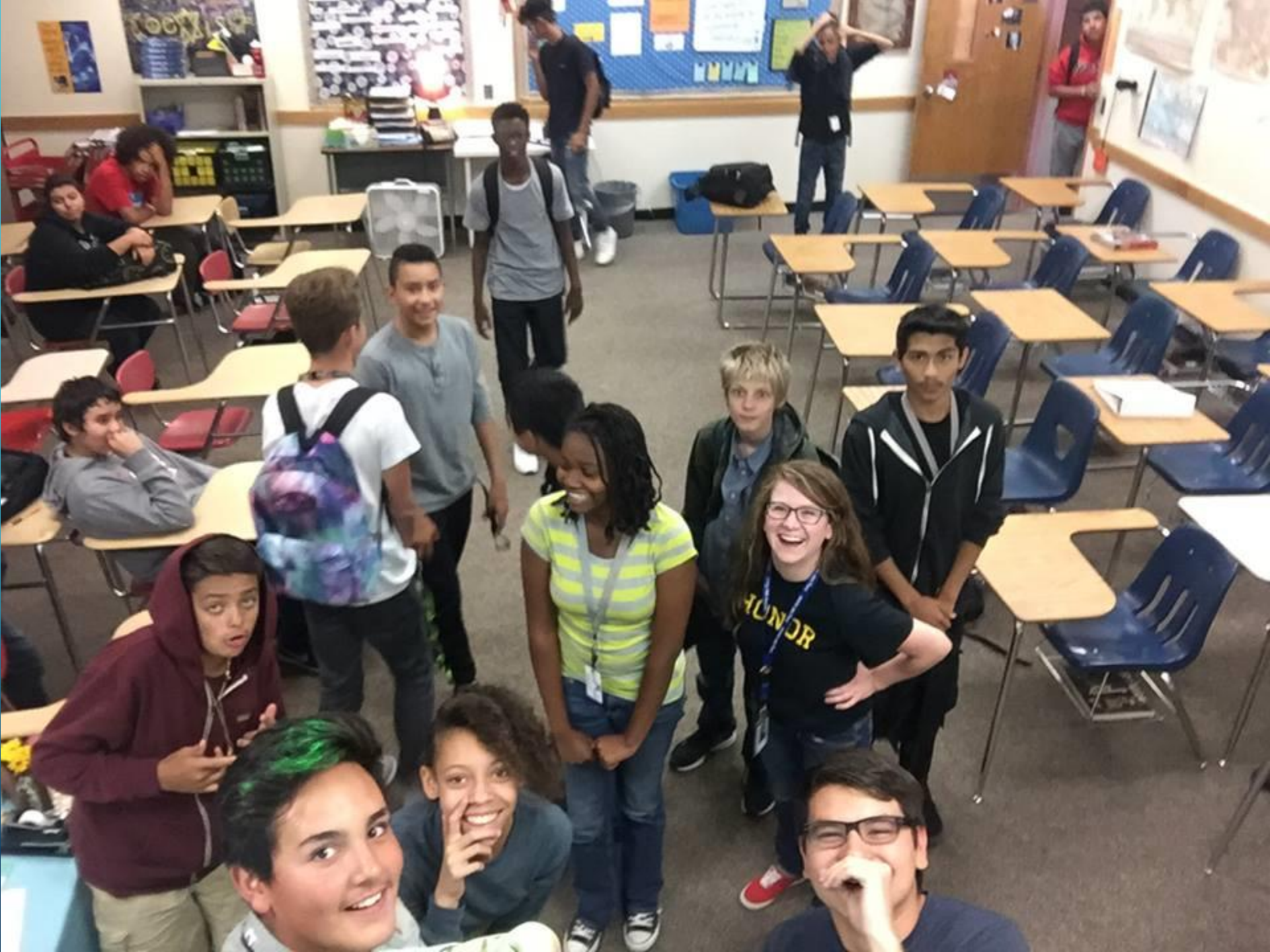
A MEMOIR ON HEARTBREAK
AND HEAD TRAUMA

I'll Be OK,



It's Just a Hole
in My Head

MIMI HAYES





References

“Brain Aneurysm Statistics and Facts.” *Brain Aneurysm Foundation*, 2018, www.bafound.org/about-brain-aneurysms/brain-aneurysm-basics/brain-aneurysm-statistics-and-facts/

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Videos and images courtesy Mimi Hayes.

Special thanks to: My mom, Kristen Jorden, Spalding Rehab Hospital, and my one true soulmate Dr. Crawford