



Ambiguous Loss

DR. AMANDA BARANSKI LCSW

METROPOLITAN STATE UNIVERSITY OF DENVER

NATIONAL ASSOCIATION OF SOCIAL WORKERS



Objectives:



Describe ambiguous loss.



Identify ambiguous loss and the grief associated with the loss.




Adapt Warden's tasks of mourning to any form ambiguous loss.

The background is a solid teal color with a gradient. In the corners, there are white line-art graphics resembling circuit boards or neural pathways, with lines connecting to small circles.

WHAT IS AMBIGUOUS LOSS?

WHAT IS THE AMBIGUOUS GRIEF?

AS IT RELATES TO BRAIN INJURY?



WARDEN'S TASKS OF MOURNING: TRADITIONAL LOSS

TASK 1: ACCEPTING THE
REALITY OF THE LOSS

TASK 2: WORK THROUGH THE
PAIN OF THE GRIEF

TASK 3: ADJUST TO AN
ENVIRONMENT IN WHICH THE
DECEASED IS MISSING

TASK 4: TO FIND AN
ENDURING CONNECTION
WITH THE DECEASED WHILE
EMBARKING ON A NEW LIFE

WARDEN'S TASKS OF MOURNING: AMBIGUOUS LOSS

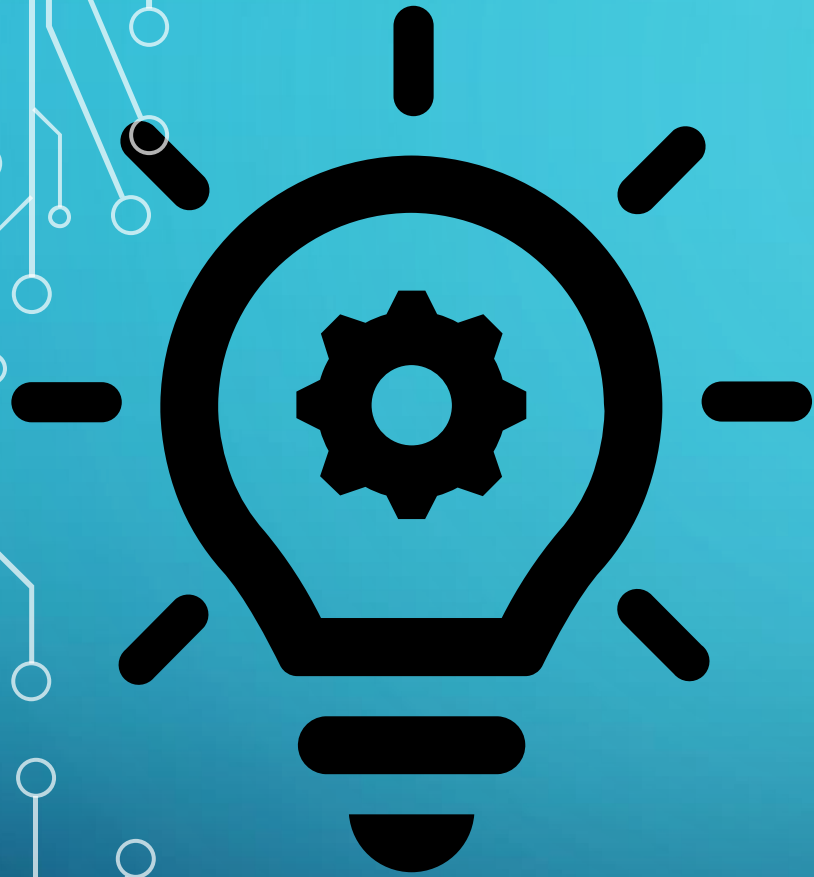
TASK 1: ACCEPTING THE REALITY OF THE AMBIGUOUS LOSS

TASK 2: PROCESS THE PAIN OF THE GRIEF

TASK 3: ADJUST TO AN ENVIRONMENT WITHOUT _____ AS IT WAS
BEFORE _____ OR

TASK 3B: ADJUST TO AN ENVIRONMENT THAT IS NOT THE WAY
YOU EXPECTED AND/OR WANTED IT TO BE

TASK 4: TO FIND AN ENDURING CONNECTION WITH THE MISSED
EXPECTATIONS WHILE EMBARKING ON A NEW LIFE



COPING

ACCEPTING

THRIVING

