

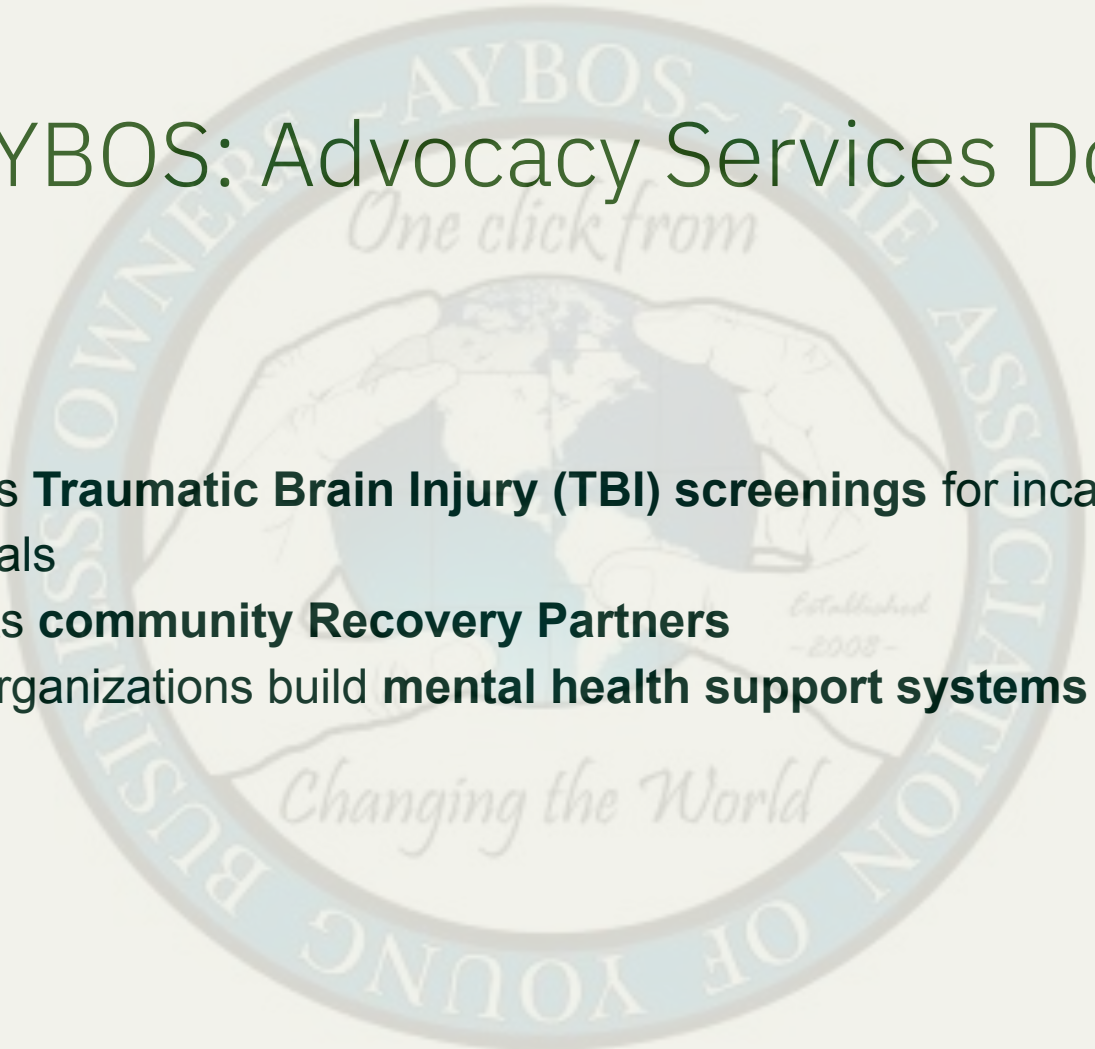
Introductions

Who Are We and What Do We Do?

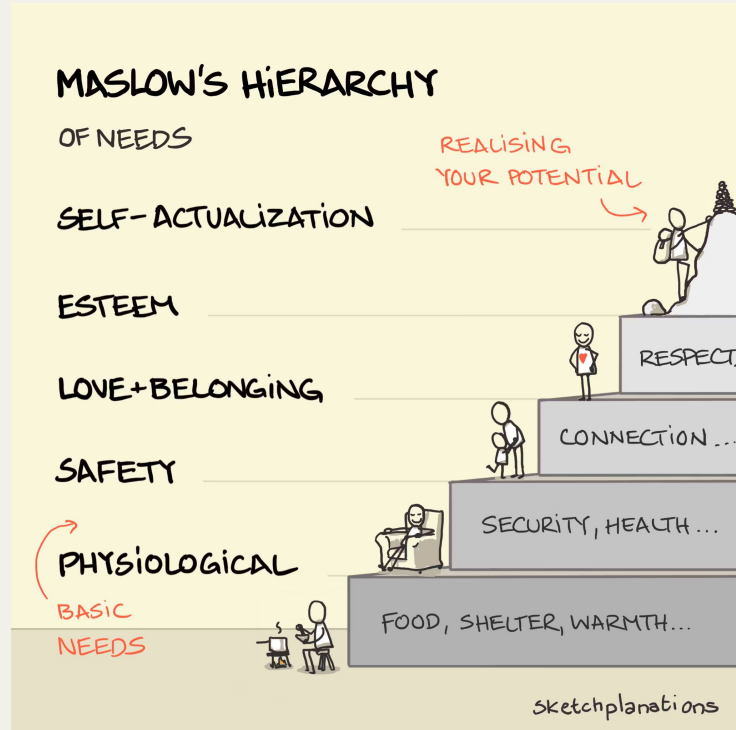


- Nikki Mitchell : Advocate for Community Healing and Neuropsychological Support
- Marchell Taylor : CEO and Com. Director of AYBOS Advocacy
- Dr. Kim Gorgens
- Juliana Davis : DU Alumna & AYBOS Youth Therapist

What AYBOS: Advocacy Services Does

- 
- Provides **Traumatic Brain Injury (TBI) screenings** for incarcerated individuals
 - Supports **community Recovery Partners**
 - Helps organizations build **mental health support systems**

The Importance of Safety in Healing



- A sense of safety is a *requirement* for change/growth
- Individuals with TBI and Trauma are often stuck in a “fight or flight” mindset.
- Therefore anything can be perceived as a threat and frequently is.

Understanding TBI'S

- Most people are unaware that TBI exists let alone that they suffer from one
- Lived experience is the connection for most
- Those with TBI are in **survival mode**
- Feeling unsafe increases **risk-taking behaviors**
- TBIs are often mishandled by the medical health system
- **You can't change unless you feel safe**



Our Role as Professionals

- **Encouraging self-advocacy** through peer support
- Remind them that **a TBI doesn't define them**
- **Get to know them** outside of their suffering
- Special training to identify TBI behaviors
- Education, tools, and access to treatment

Call to Action

- *Healing requires preparation, persistence, and safety*
- *Hurt people hurt people ; healed people heal people*
- *Healing is possible, even if not perfect*
- Support trauma recovery initiatives
- Promote awareness of TBI's
- Create safer environments for individuals with a TBI



If hurt people, hurt people...Then
healed people heal people



Who am I?

■ Professional

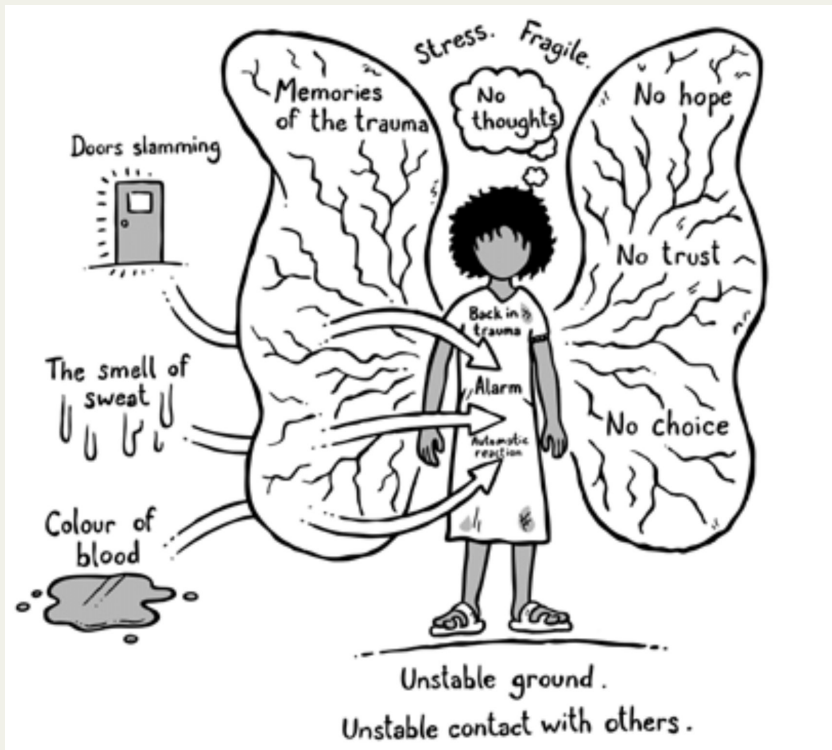
- LPCC
- Youth therapist
- Work with kids who are either currently involved with the legal system or at risk

■ Personal

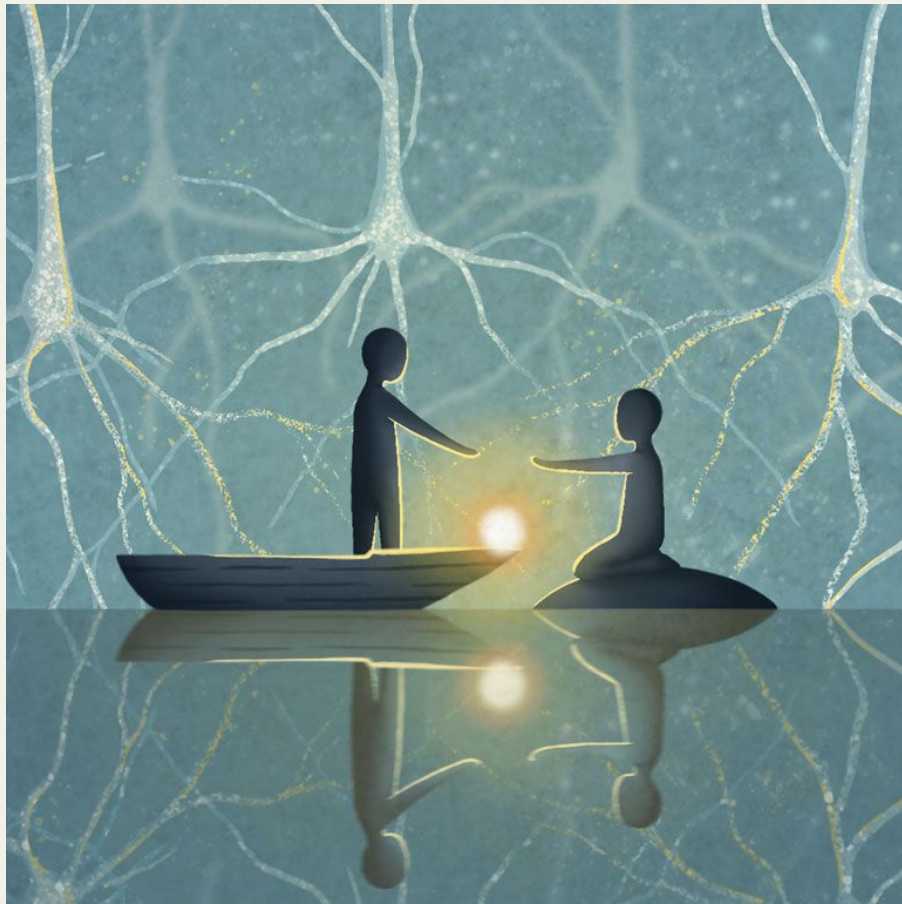
- **Victim of a violent crime and was shot in the head**

■ Theme

- Change and growth cannot happen when someone feels unsafe



- Mental health, PTSD and TBI's are invisible to a non-trained eye.
- **A scar on the mind is still a scar.**



- You can't assume the person has self awareness about their triggers
- No one wants to be seen as a victim
- Connection before content

Key Takeaways



**Healed people,
heal people**



**Connection
before Content**



**Be genuine in
your interaction**



2023 GRANTEE IMPACT



REBUILDYOURMIND.ORG

AYBOS ADVOCACY is a collective of TBI screeners, implementing AYBOS custom ASAP process, coupled with referral/ wraparound services with the Road Called STRATE (TRCS) to first bring an individual and then their life to a "Baseline State of Safety". Together, AYBOS/RCS continue to increase engagement and retention in supports, through screenings, treatment, while reducing stigma with the rebuildyourmind.org (RYM) awareness initiative on TBIs and trauma impacts in our homes, neighborhoods, and cities alike.

Through the Caring for Denver ATJ Grant, RYM has developed a Behavioral Health System prioritized by results, and reinforced by the traction of the Rebuild Your Mind Initiative.

AYBOS is a Denver, Colorado based minority/ micro business with a focus on superior business development in under-resourced communities since being founded in 2008.

This business development experience from AYBOS Founders is responsible for creating the inclusive behavioral health system, team, and therapy pool developed for the the under-resourced to end recidivism, and improve/maintain mental health including reduced harm to self and others.

The articulation and visual translation of this solution is attributed to AYBOS Marketing, the branding & promotions arm of AYBOS.

The 2023 funded work increases equity in mental health and substance misuse outcomes as BIPOC organizations providing these solutions. Dually, RYM contributes to improving Denver Residents' mental health and substance misuse challenges by providing inclusive access to evidence based solutions founded in RYM's trauma impact/ TBI Support with a focus on the justice impacted.

AYBOS SELF ADVOCACY PATHWAY (ASAP)



RYM's focus is to create resonating, inclusive access to TBI support solutions at comfortable times & places :



ATTENTION TO FIT Being understood, connected, and respected by those providing care.



CARE OVER TIME Consistent, flexible Care options Throughout the Healing journey.

COMMUNITY DEFINED APPROACH

- 62 Participants so far increased engagement with TBI/ Trauma awareness, and wraparound support services.
- 48 of those 62 Participants increased their connections and retention to help and support through screenings.
- 100% of Participants increased skills or awareness for addressing mental health and substance misuse issues through TBI solutions, referrals, and informative literature.
- 27 Participants (now Recovery Partners) increased resilience and ability to cope with challenges by following the ASAP Process.

- 48 Participants that haven't been traditionally seen or served got care.
- These same 48 Participants have increased trust, comfort, and direct access to care through Rebuild Your Mind.
- Only 3 of 48 (6.2%) Participants have shown no TBI symptoms (BIAC)
- 100% of our TREATMENT PROVIDERS (Collective Therapy Pool) were able to stay more engaged in their role and/or feel valued and supported.

- 62 Participants experienced increased options to TBI/ trauma education, treatment, and acute care needs
- We have guided 28 individuals through the ASAP process, and have sent 26 individuals to treatment through our Collective Therapy Pool.
- 17 Participants have experienced improved coordination of their care, through continued treatment with our Collective Therapy Pool and Peer Supporters
- 48 Participants engaged in screenings, including connecting them with resources to support their ongoing wellbeing and stability in the community

AYBOS Advocacy accepts projects on a client by client basis. All AYBOS Advocacy research, advice, support, referrals, direction, or data is strictly consultation and not to be interpreted as legal advice or representation.

SOCIAL SUPPORT RESEARCH

AYBOS specializes in research and preparation of legal documents such as BILLS, MOTIONS, CURRICULUM, and GRANTS utilizing the collaborative GSPP trauma/ mental health & LEGAL research. AYBOS utilizes interviews with family, friends, associates, employers, community, etc. as case studies per individual. We provide our custom Self Advocacy Pathway tools, including TBI screenings & treatment faster than tradition and FREE OF CHARGE!

- Advocacy Research
- Research/ preparation of legislative documents
- TBI 1st Aid/ Financial Curriculum
- Data collection on injured behaviors
- Prepare Alternative 2 Prison Defense
- TBI Screenings
- ASAP (AYBOS Self Advocacy Pathway)
- Custom treatment plans

PREMIUM SOCIAL SUPPORT (SS)



AYBOS Advocacy assists with community reentry, legal review and business development. AYBOS Marketing launched REBUILDYOURMIND.org and AYBOS Advocacy Services to assist in these areas while working with Alternative Defense Council. In addition to their advocacy, AYBOS also drafts policy, such as SENATE BILL 21-138 which passed unanimously in the Colorado State Capital!

SS PROMOTIONAL PLATFORM

- * Rebuild Your Mind Logo inclusion in SS video
- * Video inclusion on rebuildyourmind.org (Advocacy Page)
- * Video inclusion in RYM SS Promotions
- * Connect client video to Rebuild Your Mind Initiative Network
- * Direct client through AYBOS Network Solutions (Extended network relationships beyond rebuildyourmind.org)

ASK ABOUT OUR ALL INCLUSIVE Premium SS PLAN!!

SOCIAL SUPPORT PLANS



UNIVERSITY of
DENVER

DR. KIM GORGENS & THE GRADUATE SCHOOL OF PROFESSIONAL PSYCHOLOGY (GSPP) AT DU PROUDLY COLLABORATED WITH AYBOS TO CREATE A THOROUGH TRAUMA SOLUTION BASED CURRICULUM.

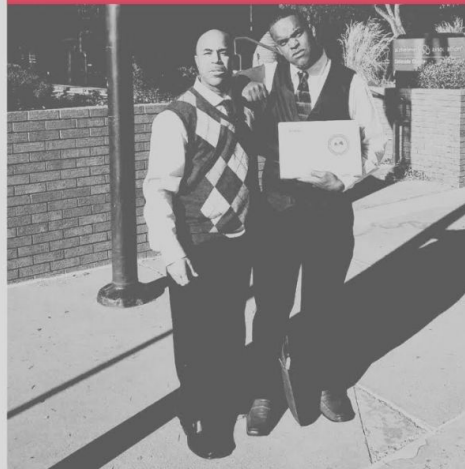
AYBOS PROVIDES THESE RESEARCH BASED SOLUTIONS TO INDIVIDUALS & PROFESSIONALS ALIKE-

SOCIAL SUPPORT CONSULTATION

VIDEO PRODUCTION: (INCLUDED)

- * Professional Videography
- * Investigative reporter (conducts interview with trauma emphasis)
- * EDITING
- * EDUCATION

Minimum 5 SS hrs.- Rates Based on Client by Client Basis



AYBOS ADVOCACY

The Official Rebuild Your Mind Social Support Model







People Magazine



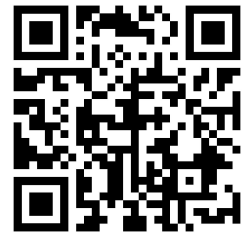
Juliana Davis



AYBOS website



Resources used



Senate Bill 21-138

